

California Healthy Kids Survey

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Please mark on your answer sheets how you feel about each of the following statements.

School Protective Factors

How strongly do you agree or disagree with the following statements about your *school*?

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
1.	I feel close to people at this school.	A	B	C	D	E
2.	I am happy to be at this school.	A	B	C	D	E
3.	I feel like I am part of this school.	A	B	C	D	E
4.	The teachers at this school treat students fairly.	A	B	C	D	E
5.	I feel safe in my school.	A	B	C	D	E

Next, mark how TRUE you feel the next statements are about your SCHOOL and things you might do there.

At my school, there is a teacher or some other adult...

		Not at All True	A Little True	Pretty Much True	Very Much True
6.	who really cares about me.	A	B	C	D
7.	who tells me when I do a good job.	A	B	C	D
8.	who notices when I'm not there.	A	B	C	D
9.	who always wants me to do my best.	A	B	C	D
10.	who listens to me when I have something to say.	A	B	C	D
11.	who believes that I will be a success.	A	B	C	D

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At school...

		Not at All True	A Little True	Pretty Much True	Very Much True
12.	I do interesting activities.	A	B	C	D
13.	I help decide things like class activities or rules.	A	B	C	D
14.	I do things that make a difference.	A	B	C	D

Community Protective Factors

The next statements are about what might occur *outside your school or home*, such as in your **NEIGHBORHOOD, COMMUNITY, or with an **ADULT** other than your parents or guardian.**

Outside of my home and school, there is an adult...

		Not at All True	A Little True	Pretty Much True	Very Much True
15.	who really cares about me.	A	B	C	D
16.	who tells me when I do a good job.	A	B	C	D
17.	who notices when I am upset about something.	A	B	C	D
18.	who believes that I will be a success.	A	B	C	D
19.	who always wants me to do my best.	A	B	C	D
20.	whom I trust.	A	B	C	D

Outside of my home and school, I do these things...

		Not at All True	A Little True	Pretty Much True	Very Much True
21.	I am part of clubs, sports teams, church/temple, or other group activities.	A	B	C	D
22.	I am involved in music, art, literature, sports or a hobby.	A	B	C	D
23.	I help other people.	A	B	C	D

Note: Subsequent questions are non-mandatory for the CHKS

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Internal Protective Factors

How true do you feel these statements are about you personally?

		Not at All True	A Little True	Pretty Much True	Very Much True
24.	I have goals and plans for the future.	A	B	C	D
25.	I plan to graduate from high school.	A	B	C	D
26.	I plan to go to college or some other school after high school.	A	B	C	D
27.	I know where to go for help with a problem.	A	B	C	D
28.	I try to work out problems by talking or writing about them.	A	B	C	D
29.	I can work out my problems.	A	B	C	D
30.	I can do most things if I try.	A	B	C	D
31.	I can work with someone who has different opinions than mine.	A	B	C	D
32.	There are many things that I do well.	A	B	C	D
33.	I feel bad when someone gets their feelings hurt.	A	B	C	D
34.	I try to understand what other people go through.	A	B	C	D
35.	When I need help, I find someone to talk with.	A	B	C	D
36.	I enjoy working together with other students my age.	A	B	C	D
37.	I stand up for myself without putting others down.	A	B	C	D
38.	I try to understand how other people feel and think.	A	B	C	D
39.	There is a purpose to my life.	A	B	C	D
40.	I understand my moods and feelings.	A	B	C	D
41.	I understand why I do what I do.	A	B	C	D

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Peer Protective Factors

How true are these statements about your FRIENDS?

I have a friend about my own age...

	Not at All True	A Little True	Pretty Much True	Very Much True
42. who really cares about me.	A	B	C	D
43. who talks with me about my problems.	A	B	C	D
44. who helps me when I'm having a hard time.	A	B	C	D

My friends...

	Not at All True	A Little True	Pretty Much True	Very Much True
45. get into a lot of trouble.	A	B	C	D
46. try to do what is right.	A	B	C	D
47. do well in school.	A	B	C	D

Home Protective Factors

How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

In my home, there is a parent or some other adult...

	Not at All True	A Little True	Pretty Much True	Very Much True
48. who expects me to follow the rules.	A	B	C	D
49. who is interested in my school work.	A	B	C	D
50. who believes that I will be a success.	A	B	C	D
51. who talks with me about my problems.	A	B	C	D
52. who always wants me to do my best.	A	B	C	D
53. who listens to me when I have something to say.	A	B	C	D

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At home...

		Not at All True	A Little True	Pretty Much True	Very Much True
54.	I do fun things or go to fun places with my parents or other adults.	A	B	C	D
55.	I do things that make a difference.	A	B	C	D
56.	I help make decisions with my family.	A	B	C	D