

## **Results of the 2003-04 California Student Survey for Comparison to Local CHKS Results.**

Austin, G. A. and Skager, R. (2004). Los Alamitos, CA: WestEd.

These tables show the statewide results from the 2003-2004 biennial California Student Survey (CSS) for items that are also contained in the California Healthy Kids Survey (CHKS). For easy comparison, the CSS results are presented in the same order and format as in the CHKS

Technical Reports<sup>1</sup>. The tables contain all the items in the required CHKS Core Module A and the mandated Resilience items. Topics include substance use, violence, physical activity, eating habits, depression, and external assets in the school and community. Other CSS items that are asked in the CHKS supplementary modules, notably Module D (Tobacco) and Module C (Alcohol and Other Drug Use and Safety), are available on the Attorney General's Website: <http://www.safestate.org/index.cfm?navid=254>.

### **Background to the CSS-CHKS Integration**

The 2003-2004 CSS is the tenth of the state's legislatively mandated biennial assessments of substance use and related risk behaviors among a representative sample of California public and private secondary school students. Since its inception, the CSS primarily has focused on alcohol, tobacco, and other drug use. Although the CHKS has been administered by over 80% of the state's LEAs to date, this has occurred over several years; the combined results for any year do not constitute a valid representation of the state as a whole, they reflect only those districts that volunteered to administer it in that year. In 1999, the sponsoring agencies determined that the CSS should be expanded and modified to more closely match the CHKS, providing more statewide data (state norms) comparable to the local school district results.

In addition to providing state norms for comparison to local CHKS data, this survey integration had several other benefits:

- It lessened the number of different health surveys in the schools;
- It enabled schools to combine participation in the CSS with their local collection of CHKS data; and
- It expanded the comparability of the CSS to the national Youth Risk Behavior Survey (YRBS). Comparison results for the 2003 YRBS can be found at: <http://www.cdc.gov/nccdphp/dash/yrbs>.

The inclusion of CHKS items into the CSS has created one comprehensive, integrated local and state health behavior data collection system to serve the needs of multiple agencies and programs. Through this system, the state aims to efficiently increase the data available to guide prevention, health education, youth development, and school improvement efforts.

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<sup>1</sup> Minor exceptions include Tables A3.4, A3.5, & A3.11 (response options not directly comparable so only similar response options were reported), and Tables A6.2, A6.3, & A6.4 (the response option "2 times" was missing on the CSS survey, so data may not be directly comparable).

### **Background to the CSS Methodology**

The 2003-2004 CSS was administered under conditions of strict confidentiality and anonymity to approximately 11,000 students in grades 7, 9 and 11 attending a randomly selected sample of 118 schools representative of California schools as a whole. The data from 9th and 11th graders in continuation/alternative schools was combined with the data from comprehensive/traditional high school students<sup>2</sup>. Participation of school districts, schools, and students was voluntary. Written parent consent was required, as is the case with the CHKS. For more information about the survey, see the report of findings located on the Attorney General's Website (<http://safestate.org/index.cfm?navid=254>).

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<sup>2</sup> This is unlike the CHKS, where non-traditional students are analyzed separate from traditional 9<sup>th</sup> and 11<sup>th</sup> graders.

# Section A

## 1. Introduction

**Table A1.1**

***CHKS Survey Modules***

Survey Module*	In This Report
A. Core (Required)	x
B. Resilience & Youth Development - School/Community Assets (Required) - Home/Peer/Internal Assets	x
C. AOD Use & Safety	
D. Tobacco	
E. Physical Health	
F. Sexual Behavior	
G. Custom Questions	

\* For CSS data corresponding to CHKS modules C and D, please visit the Attorney General's website at <http://www.safestate.org/index.cfm?navid=254>.

**Table A1.2**

***Number of Respondents***

	Grade 7	Grade 9*	Grade 11*
<b><i>Student Sample Size</i></b>			
Final Number	4,373	2,803	3,199

\* Includes continuation/alternative and comprehensive/traditional school students.

## 2. Demographics

**Table A2.1**

***Age***

	Grade 7	Grade 9	Grade 11
	%	%	%
12 years or younger	79	0	0
13 years old	20	4	0
14 years old	1	79	0
15 years old	0	15	4
16 years old	0	2	79
17 years old	0	0	16
18 years or older	0	0	1

*Question HS/MS A.3: How old are you?*

**Table A2.2**

***Gender***

	Grade 7	Grade 9	Grade 11
	%	%	%
Male	51	51	50
Female	49	49	50

*Question HS/MS A.4: What is your sex?*

**Table A2.3**

***Ethnicity***

	Grade 7	Grade 9	Grade 11
	%	%	%
American Indian or Alaska Native	7	4	3
Native Hawaiian or Pacific Islander	2	3	3
Asian	8	9	11
Black or African American (non-Hispanic)	9	11	10
Hispanic or Latino/Latina	47	47	46
White or Caucasian (non-Hispanic)	28	29	34
Other	16	11	6
Selected more than one	14	12	11

*Question HS/MS A.6: How do you describe yourself? (Mark all that apply)*

Note: Column totals may add up to more than 100% because students could select more than one response.

**Table A2.4*****Frequency of Residence Changes, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	58	64	74
1 time	24	22	17
2 or more times	18	14	9

*Question HS/MS A.9: During the past year, how many times have you moved (changed where you live)?*

**Table A2.5*****Grades, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
Mostly A's	26	18	13
A's and B's	32	30	28
Mostly B's	6	8	11
B's and C's	21	22	23
Mostly C's	4	7	10
C's and D's	7	10	10
Mostly D's	1	3	2
Mostly F's	3	3	2

*Question HS A.86/MS A.79: During the past 12 months, how would you describe the grades you mostly received in school?*

**Table A2.6*****Truancy, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	81	63	40
1-2 times	11	18	21
A few times	6	12	22
Once a month	1	1	6
Once a week	1	2	4
More than once a week	2	3	7

*Question HS A.87/MS A.80: During the past 12 months, about how many times did you skip school or cut classes?*

**Table A2.7*****Days Home Alone During Normal School Week***

	Grade 7
	%
Never	54
1 day	14
2 days	9
3 days	6
4 days	3
5 days	15

*Question MS A.75: In a normal school week, how many days are you home after school for at least one hour without an adult there?*

### 3. Alcohol and Other Drug Use

Table A3.1

*Any AOD Use, Lifetime*

	Grade 7	Grade 9	Grade 11
	%	%	%
<i>None</i>	77	53	33
<i>Any AOD Use</i>	23	47	67
<b>Alcohol (one full drink)</b>			
0 times	84	58	37
1 time	8	12	9
2 to 3 times	5	10	12
4 or more times	4	21	42
<b>Marijuana</b>			
0 times	92	77	61
1 time	4	6	6
2 to 3 times	3	4	7
4 or more times	2	13	26
<b>Inhalants (to get high)</b>			
0 times	94	91	91
1 time	3	3	2
2 to 3 times	2	3	3
4 or more times	1	3	4
<b>Cocaine</b>			
0 times	na	96	92
1 time	na	1	2
2 to 3 times	na	1	2
4 or more times	na	2	3

*Question HS A.24-27/MS A.24-26: During your life, how many times have you used or tried...?  
na=not asked of middle school students*

**Table A3.1 - Continued****Any AOD Use, Lifetime**

	Grade 7 %	Grade 9 %	Grade 11 %
<b>Methamphetamines or any amphetamines</b>			
0 times	na	97	92
1 time	na	1	2
2 to 3 times	na	1	2
4 or more times	na	1	4
<b>LSD or other psychedelics</b>			
0 times	na	97	95
1 time	na	1	2
2 to 3 times	na	1	2
4 or more times	na	1	2
<b>Ecstasy</b>			
0 times	na	97	94
1 time	na	1	3
2 to 3 times	na	1	2
4 or more times	na	1	2
<b>Heroin</b>			
0 times	na	98	97
1 time	na	1	1
2 to 3 times	na	0	1
4 or more times	na	0	1
<b>Other illegal drugs</b>			
0 times	97	93	90
1 time	2	2	3
2 to 3 times	1	2	3
4 or more times	1	3	5

*Question HS A.28, 30-33/MS A.28: During your life, how many times have you used or tried...?*

*na=not asked of middle school students*



**Table A3.2*****Any Current AOD Use, Past 30 Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b><i>None</i></b>	87	71	57
<b><i>Any AOD Use</i></b>	13	29	43
Alcohol (at least one drink)	10	25	37
Marijuana	4	12	20
Inhalants	3	4	5
Cocaine	na	3	5
Methamphetamines or any amphetamines	na	3	5
LSD or other psychedelics	na	2	3

*Question HS A.39, 41-45/MS A.34, 36-37: During the past 30 days, on how many days did use...?*  
na=not asked of middle school students

**Table A3.3*****Frequency of Current Alcohol and Marijuana Use, Past 30 days***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Alcohol</b>			
None	90	75	63
1 or 2 days	7	16	19
3 to 9 days	2	6	13
10 to 19 days	1	2	4
20 or more days (daily)	1	1	1
<b>Marijuana</b>			
None	96	88	80
1 or 2 days	2	5	7
3 to 9 days	1	3	5
10 to 19 days	1	2	3
20 or more days (daily)	0	2	5

*Question HS A.39, 41/MS A.34, 36: During the past 30 days, on how many days did you use...?*

**Table A3.4*****Ever Very Drunk or Sick from Drinking Alcohol***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	93	79	59
1 or more times	7	21	41

*Question HS A.34/MS A.29: During your life, how many times have you been very drunk or sick after drinking alcohol?*

**Table A3.5*****Ever "High" from Using Drugs***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	93	80	63
1 or more times	7	20	37

*Question HS A.35/MS A.30: During your life, how many times have you been "high" (loaded, stoned, or wasted) from using drugs?*

**Table A3.6*****Current Binge (Episodic Heavy) Drinking, Past 30 Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 days	96	89	77
1 to 2 days	2	6	11
3 or more days	1	5	12

*Question HS A.40/MS A.35: During the past 30 days, on how many days did you use five or more drinks of alcohol in a row, that is, within a couple of hours?*

**Table A3.7*****Desired Level of Alcohol Consumption, Drinking Style or Preference***

	Grade 7	Grade 9	Grade 11
	%	%	%
Don't drink alcohol	76	52	36
Just a sip or two	16	20	17
Enough to feel it a little	6	17	26
Enough to feel it a lot	2	8	15
Until really drunk	1	4	7

*Question HS A.49/MS A.41: How do you like to drink alcohol?*

**Table A3.8*****Ever Driven after Drinking (Respondent or by Friend)***

	Grade 9	Grade 11
	%	%
<b><i>Never</i></b>	<b><i>81</i></b>	<b><i>73</i></b>
<b><i>Any</i></b>	<b><i>19</i></b>	<b><i>27</i></b>
1 time	7	8
2 times	3	7
3 to 6 times	4	7
7 or more times	5	6

*Question HS A.61: During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?*

**Table A3.9*****Ever Been a Passenger in a Car Driven by Someone Who Had Been Drinking***

	Grade 7
	%
<b><i>Never</i></b>	<b><i>65</i></b>
<b><i>Any</i></b>	<b><i>35</i></b>
1 time	15
2 times	7
3 to 6 times	5
7 or more times	8

*Question MS A.53: During your life, how many times have you ridden in a car driven by someone who has been drinking alcohol?*

**Table A3.10*****Any Current Alcohol and Marijuana Use on School Property, Past 30 Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Alcohol</b>			
0 days	98	93	92
1 to 2 days	2	5	5
3 or more days	1	2	3
<b>Marijuana</b>			
0 days	98	95	93
1 to 2 days	1	3	4
3 or more days	1	3	3

*Question HS A.47-48/MS A.39-40: During the past 30, days on how many days on school property did you... have at least one drink of alcohol? ...smoke marijuana?*

**Table A3.11*****Ever Drunk or High on School Property***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	97	88	77
1 or more times	3	12	23

*Question HS A.36/MS A.31: During your life, how many times have you been drunk or "high" on drugs on school property?*

**Table A3.12*****Perceived Harm of Frequent Alcohol and Marijuana Use***

	Grade 7 %	Grade 9 %	Grade 11 %
<b>Alcohol</b>			
Extremely harmful	64	49	52
Harmful	22	29	28
Somewhat harmful	8	14	14
Mainly harmless	3	5	5
Harmless	3	3	2
<b>Marijuana</b>			
Extremely harmful	82	68	60
Harmful	10	17	20
Somewhat harmful	4	7	12
Mainly harmless	2	4	5
Harmless	2	4	4

*Question HS A.51-52/MS A.43-44: How harmful do you think it is to use the following substances frequently (daily or almost daily)?*

**Table A3.13*****Peer Disapproval of Using Alcohol and Marijuana***

	Grade 7 %	Grade 9 %	Grade 11 %
<b>Alcohol</b>			
A lot	55	36	26
Some	17	23	22
Not much	10	18	24
Not at all	18	23	28
<b>Marijuana</b>			
A lot	64	50	40
Some	10	18	20
Not much	8	11	17
Not at all	19	21	22

*Question HS A.59-60/MS A.51-52: How much would your friends disapprove of you for using... Alcohol. Marijuana.*

**Table A3.14*****Student Perception of Percent of Marijuana Use Among Peers***

	Grade 7	Grade 9	Grade 11
	%	%	%
None of them	45	17	9
10 percent	22	14	7
20 percent	8	9	6
30 percent	5	9	6
40 percent	6	7	6
50 percent	6	16	15
60 percent	2	6	8
70 percent	2	7	11
80 percent	1	8	15
90 percent	1	7	13
All of them	1	2	4

*Question HS A.57/MS A.49: About what percent of students in your grade at your school have done the following?  
Ever tried marijuana.*

**Table A3.15*****Perceived Difficulty of Obtaining Alcohol and Marijuana***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Alcohol</b>			
Very difficult	24	12	5
Fairly difficult	16	10	7
Fairly easy	17	22	28
Very easy	17	36	50
Don't know	28	20	10
<b>Marijuana</b>			
Very difficult	36	14	5
Fairly difficult	13	11	6
Fairly easy	10	20	23
Very easy	9	30	51
Don't know	32	25	15

*Question HS A.54-55/MS A.46-47: How difficult is it for students in your grade to get any of the following substances if they really want them?*

**Table A3.16*****Offered Illegal Drugs on School Property, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	88	76	64
1 time	7	11	11
2 to 3 times	3	8	13
4 or more times	2	6	12

*Question HS A.69/MS A.61: During the past 12 months, how many times on school property have you... been offered, sold, or given an illegal drug?*

**Table A3.17**

***Selected Alcohol and Drug Use Measures, by Gender and Grade***

	7th Grade		9th Grade		11th Grade	
	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%
<b>Lifetime and Current ATOD Use</b>						
<i>During your life did you ever...</i>						
drink alcohol (one full drink)?	16	17	46	38	65	61
use inhalants?	7	6	11	6	9	9
smoke marijuana?	7	10	22	23	38	39
<i>During the past 30 days, did you...</i>						
drink alcohol (one full drink)?	11	9	30	20	40	34
use inhalants?	3	3	6	3	4	5
smoke marijuana?	3	4	12	12	19	20
<b>Level of Involvement (High Risk Patterns)</b>						
<i>During your life have you ever...</i>						
been very drunk or sick after drinking alcohol?	7	7	26	17	43	38
been high from using drugs?	5	8	21	19	35	38
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	4	4	14	9	23	23
<b>ATOD Use at School</b>						
During your life, have you ever been drunk/high on school property?	2	3	13	11	22	23
During the past 30 days, did you use marijuana on school property?	1	2	6	5	6	9
<b>Perceived Harm</b>						
<i>Frequent (daily or almost daily) use of... is harmful.*</i>						
alcohol	96	93	92	92	94	93
marijuana	97	95	93	91	92	90

*\*combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"*



## 4. Tobacco Use

**Table A4.1**

***Ever Used Cigarettes or Smokeless Tobacco, Lifetime***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>A cigarette, even one or two puffs</b>			
0 times	83	65	55
1 time	11	15	15
2 to 3 times	3	8	10
4 or more times	3	12	21
<b>A whole cigarette</b>			
0 times	94	82	72
1 time	3	5	6
2 to 3 times	1	4	6
4 or more times	2	9	17
<b>Smokeless tobacco</b>			
0 times	98	96	92
1 time	1	2	3
2 to 3 times	0	1	2
4 or more times	0	1	3

*Question HS A.21-23/MS A.21-23: During your life, how many times have you used or tried...?*

**Table A4.2**

***Any and Daily Use of Cigarettes and Smokeless Tobacco, Past 30 Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Cigarettes</b>			
Any	5	10	15
Daily	0	1	3
<b>Smokeless Tobacco</b>			
Any	2	2	3
Daily	0	0	0

*Question HS A.37-38/MS A.32-33: During the past 30 days, on how many days did you use...*

**Table A4.3*****Current Smoking on School Property, Past 30 Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b><i>None</i></b>	98	96	94
<b><i>Any</i></b>	2	4	6
1 or 2 days	2	2	3
3 to 9 days	0	1	2
10 to 19 days	0	1	1
20 to 30 days	0	0	1

*Question HS A.46/MS A.38: During the past 30 days, on how many days on school property did you smoke cigarettes?*

**Table A4.4*****Peer Disapproval of Using Cigarettes***

	Grade 7	Grade 9	Grade 11
	%	%	%
A lot	60	49	49
Some	15	22	22
Not much	8	12	15
Not at all	17	17	14

*Question HS A.58/MS A.50: How much would your friends disapprove of you for using... Cigarettes.*

**Table A4.5*****Perceived Harm of Frequent Cigarette Smoking***

	Grade 7	Grade 9	Grade 11
	%	%	%
Extremely harmful	65	58	63
Harmful	23	28	25
Somewhat harmful	7	9	8
Mainly harmless	2	2	2
Harmless	3	3	2

*Question HS A.50/MS A.42: How harmful do you think it is to use the following substances frequently (daily or almost daily)? Cigarettes.*

**Table A4.6*****Perceived Difficulty of Obtaining Cigarettes***

	Grade 7	Grade 9	Grade 11
	%	%	%
Very difficult	24	13	6
Fairly difficult	16	9	5
Fairly easy	17	22	26
Very easy	13	35	52
Don't know	30	22	11

*Question HS A.53/MS A.45: How difficult is it for students in your grade to get any of the following substances if they really want them? Cigarettes.*

**Table A4.7*****Estimated Prevalence of Peer Cigarette Smoking at Least Once a Month***

	Grade 7	Grade 9	Grade 11
	%	%	%
None of them	40	13	6
10 percent	25	17	11
20 percent	10	12	11
30 percent	7	12	13
40 percent	7	11	12
50 percent	7	17	19
60 percent	1	6	8
70 percent	1	5	7
80 percent	1	4	7
90 percent	0	2	4
All of them	1	1	2

*Question HS A.56/MS A.48: About what percent of students in your grade at your school have done the following?  
Smoked cigarettes at least once a month.*

**Table A4.8*****Selected Tobacco Use Measures, by Gender and Grade***

	7th Grade		9th Grade		11th Grade	
	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%
During your life, did you ever smoke a cigarette?	5	6	20	16	27	29
During the past 30 days, did you smoke a cigarette?	4	6	12	9	15	14
During the past 30 days, did you smoke cigarettes daily?	0	0	1	1	3	3
During the past 30 days, did you smoke cigarettes on school property?	2	2	5	3	6	7
Frequent use of cigarettes is harmful.*	96	95	96	95	96	96

*\*combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"*

## 5. Violence and Safety

**Table A5.1**

***Verbal Harassment on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %
<b>Had mean rumors/lies spread about you</b>			
0 times	64	66	65
1 time	19	14	16
2 to 3 times	9	10	11
4 or more times	9	10	9
<b>Had sexual jokes/comments/gestures made to you</b>			
0 times	68	60	55
1 time	12	13	10
2 to 3 times	8	11	12
4 or more times	12	17	23
<b>Been made fun of because of your looks/way talk</b>			
0 times	66	67	67
1 time	14	13	13
2 to 3 times	8	9	9
4 or more times	11	12	11

*Question HS A.65-67/MS A.57-59: During the past 12 months, how many times on school property have you...?*

**Table A5.2**  
***Physical Violence on School Property, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Been pushed, shoved, hit, etc.</b>			
0 times	58	69	78
1 time	18	14	10
2 to 3 times	11	9	7
4 or more times	13	8	5
<b>Been afraid of being beaten up</b>			
0 times	75	81	86
1 time	16	10	8
2 to 3 times	5	5	4
4 or more times	4	4	2
<b>Been in physical fight</b>			
0 times	72	74	80
1 time	13	13	11
2 to 3 times	8	7	6
4 or more times	7	7	4

*Question HS A.62-64/MS A.54-56: During the past 12 months, how many times on school property have you...*

**Table A5.3**  
***Property Damage on School Property, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Had property stolen/damaged</b>			
0 times	76	77	77
1 time	14	13	13
2 to 3 times	6	7	7
4 or more times	4	3	4
<b>Damaged school property on purpose</b>			
0 times	84	80	82
1 time	9	10	8
2 to 3 times	4	5	5
4 or more times	3	6	5

*Question HS A.68, 70/MS A.60, 62: During the past 12 months, how many times on school have you...?*

**Table A5.4*****Weapons Possession on School Property, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Carried a gun</b>			
0 times	95	95	95
1 time	2	3	2
2 or more times	3	2	3
<b>Carried any other weapon</b>			
0 times	92	90	88
1 time	4	5	4
2 or more times	4	5	8

*Question HS A.71-72/MS A.63-64: During the past 12 months, how many times on school property have you...?*



**Table A5.5*****Awareness and Use of Weapons on School Property, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
<b>Seen someone with a weapon</b>			
0 times	67	69	67
1 time	19	15	15
2 or more times	14	16	18
<b>Been threatened/injured with a weapon</b>			
0 times	88	88	90
1 time	8	7	6
2 or more times	4	5	4

*Question HS A.74, 73/MS A.66, 65: During the past 12 months, how many times on school property have you...*

**Table A5.6*****Peer Disapproval of Weapon Possession***

	Grade 7	Grade 9	Grade 11
	%	%	%
A lot	63	56	58
Some	14	18	19
Not much	9	14	14
Not at all	14	12	9

*Question HS A.81/MS A.73: How much would your friends disapprove of you for carrying a weapon to school?*

**Table A5.7*****Reason for Harassment on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %
<b>Race, Ethnicity, or National Origin</b>			
0 times	89	87	87
1 time	6	6	6
2 or more times	5	7	7
<b>Religion</b>			
0 times	93	93	92
1 time	4	4	4
2 or more times	3	3	4
<b>Gender</b>			
0 times	92	93	94
1 time	5	4	3
2 or more times	3	3	3
<b>Sexual Orientation *</b>			
0 times	86	93	93
1 time	8	3	3
2 or more times	6	3	4
<b>Physical/Mental Disability</b>			
0 times	94	94	94
1 time	3	3	3
2 or more times	3	3	4
<b><i>Any of the Above Five Hate-Crime Reasons</i></b>	27	24	23
<b>Any Other Reason</b>			
0 times	77	81	81
1 time	9	8	7
2 or more times	14	12	12
<b><i>Any Harassment</i></b>	38	33	31

*Question HS A75-80/MS A.67-72: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?*

*\* "Because you are gay or lesbian or someone thought you were."*

**Table A5.8*****Gang Involvement, Lifetime***

	Grade 7	Grade 9	Grade 11
	%	%	%
No	90	87	91
Yes	10	13	9

*Question HS A.83/MS A.76: Have you ever belonged to a gang?*

**Table A5.9*****Physical Violence by Boy/Girlfriend, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
Does not apply, didn't have a boy/girlfriend	55	42	37
No	42	53	55
Yes	4	5	8

*Question HS A.84/MS A.77: During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?*

**Table A5.10*****Perceived Safety of School***

	Grade 7	Grade 9	Grade 11
	%	%	%
Very safe	23	17	13
Safe	35	34	36
Neither safe nor unsafe	33	41	43
Unsafe	6	4	6
Very unsafe	4	4	2

*Question HS A.82/MS A.74: How safe do you feel when you are at school?*

**Table A5.11*****Violence-Related Behavior and Experiences, by Gender and Grade***

	7th Grade		9th Grade		11th Grade	
	Female %	Male %	Female %	Male %	Female %	Male %
<i>During the past 12 months at school, have you been harassed or bullied for any of the following reasons?</i>						
Race, ethnicity, or national origin	10	11	10	16	11	14
Religion	6	8	7	7	8	9
Gender	10	6	8	7	9	5
Gay/lesbian, or someone thought you were	13	15	6	7	6	7
Physical/mental disability	5	7	5	7	5	8
Any other reason	25	21	18	21	19	19
During the past 12 months at school have you been in a physical fight?	22	34	19	33	14	27
Feels safe at school (combines "safe" and "very safe")	59	57	50	49	46	51
Ever belonged to a gang?	8	12	12	14	8	11

## 6. Physical and Mental Health

**Table A6.1**

***Eating/Drinking of Fruits and Vegetables at Least Once per Day, Past 24 Hours***

	Grade 7	Grade 9	Grade 11
	%	%	%
100% fruit juices	74	70	65
Fruit	80	73	67
Vegetables	77	71	69
<i>Five or more portions of any</i>	40	35	30

*Question HS A.15, 17-18/MS A.15, 17-18: During the past 24 hours (yesterday), how many times did you...*

**Table A6.2**

***Drinking of Milk and Eating of Yogurt, Past 24 Hours***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	16	21	24
1 time	38	26	32
2 times * <i>Interpret w/ caution; due to an error, "2 times" not asked</i>	*	*	*
3 times	19	28	27
4 times	12	12	9
5 or more times	15	13	8

*Question HS A.13/MS A.13: During the past 24 hours (yesterday), how many times did you drink milk or eat yogurt? (In any form, including in cereal.)*

**Table A6.3*****Drinking of Soda Pop, Past 24 Hours***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	28	24	32
1 time	36	32	32
2 times * <i>Interpret w/ caution; due to an error, "2 times" not asked</i>	*	*	*
3 times	16	20	19
4 times	9	12	8
5 or more times	12	12	9

*Question HS A.14/MS A.14: During the past 24 hours (yesterday), how many times did you drink soda pop?*

**Table A6.4*****Eating of Fried Potatoes, Past 24 Hours***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 times	32	32	37
1 time	36	33	37
2 times * <i>Interpret w/ caution; due to an error, "2 times" not asked</i>	*	*	*
3 times	13	16	14
4 times	8	10	7
5 or more times	10	9	5

*Question HS A.16/MS A.16: During the past 24 hours (yesterday), how many times did you eat french fries, potato chips, or other fried potatoes?*

**Table A6.5*****Eating of Breakfast***

	Grade 7	Grade 9	Grade 11
	%	%	%
No	39	47	49
Yes	61	53	51

*Question HS A.19/MS A.19: Did you eat breakfast today?*

**Table A6.6*****Exercise on at Least Three of the Past Seven Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	66	65	56
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	51	51	46
<i>Either</i>	73	70	64

*Question HS A.10-11/MS A.10-11: On how many of the past 7 days did you...?*

**Table A6.7*****Frequency of Exercise to Strengthen or Tone Muscles, Past Seven Days***

	Grade 7	Grade 9	Grade 11
	%	%	%
0 days	16	18	25
1 - 2 days	25	26	25
3 or more days	59	56	50

*Question HS A.12/MS A.12: On how many of the past 7 days did you...do exercises to strengthen or tone your muscles? (For example, push-ups, sit-ups, or weight lifting.)*

**Table A6.8*****Frequency of Sad and Hopeless Feelings, Past 12 Months***

	Grade 7	Grade 9	Grade 11
	%	%	%
No	76	68	65
Yes	24	32	35

*Question HS A.85/MS A.78: During the past 12 months, did you ever feel so sad and hopeless almost every day for two weeks or more that you stopped doing some usual activities?*

**Table A6.9*****Students With Asthma***

	Grade 7	Grade 9	Grade 11
	%	%	%
No	67	69	72
Yes	18	23	22
Don't know	15	9	7

*Question HS A.20/MS A.20: Has a doctor ever told you or your parent/guardian that you have asthma?*

**Table A6.10*****Student Body Mass Index***

	Grade 7	Grade 9	Grade 11
	%	%	%
Underweight	4	1	3
Acceptable	62	66	67
At risk of overweight	21	19	17
Overweight	14	14	13

*Questions at End of Survey: How tall are you without your shoes on? How much do you weigh without your shoes on?*



# Section B

**Table B1**

***Summary of External Assets***

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 7			Grade 9			Grade 11		
	H	M	L	H	M	L	H	M	L
<b><i>School Environment</i></b>									
Total Assets	30	45	27	23	52	25	27	50	24
Caring Relationships: Adult in School	29	46	26	23	53	24	29	52	19
High Expectations: Adult in School	42	39	20	34	48	18	37	47	16
Meaningful Participation	18	46	37	16	47	38	17	43	40
<b><i>Community Environment</i></b>									
Total Assets	57	29	14	52	31	17	56	31	14
Caring Relationships: Adult in Community	59	27	14	54	32	14	58	29	13
High Expectations: Adult in Community	57	29	14	53	32	15	55	31	14
Meaningful Participation	44	36	20	35	38	27	39	37	24
<b><i>School Connectedness Scale</i></b>									
	34	40	27	28	50	23	26	52	22