



## FIDELITY RATING FORM: SIGNS OF SUICIDE (SOS)

Assess the Signs of Suicide Program by selecting one rating for each Fidelity Element. Use the following Fidelity Rating Rubrics to make your ratings. There are no scores to calculate. The intention is that users will identify elements without high fidelity and make changes in future implementation leading to higher fidelity.

Please note: This fidelity assessment is in no way an endorsement by CDE or WestEd of the Signs of Suicide Program.

### Fidelity Rating Rubrics

**High:** The element as implemented was a precise match to the program element described, or varied in a small way that could be reasonably interpreted to match the general intent of the program designers. An example is a program designed for drug user intervention directed to drug users; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was within 10% of the recommendation.

**Moderate:** The element as implemented was somewhat different from the program element described. An example is a program designed for drug user intervention directed to groups with both drug users and nonusers; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was between 50% and 90% of the recommendation.

**Low:** The element as implemented was very different from the program element described. An example would be a program designed for drug user intervention directed instead to general population students; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was below 50% of the recommendation.

<b>(A) Audience Category and Characteristics</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>Students: all students in a classroom setting ages 13-17</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

<b>(B) Setting size (Individual or certain group size)</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>Suicide/Depression Screening: at the classroom level</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Student video and discussion guide: at the classroom level</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Columbia Depression Scale screening instrument: at the classroom level</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Referrals and follow up by professionals: one-on-one meetings</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

<b>(C) Provider Characteristics</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>No defined characteristics</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

<b>(D) Provider Training</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>No defined training for program providers</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

<b>(E) Topic Content</b> <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
<b><i>Suicide/Depression Screening:</i></b> education regarding suicidal behavior and ideation in children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b><i>Student video and discussion guide:</i></b> dramatizations that depict signs of suicidality and depression and ways to react to someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b><i>Columbia Depression Scale screening instrument:</i></b> a brief screening instrument for depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b><i>Referrals and follow up by professionals:</i></b> no defined content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

<b>(F) Dosage</b> <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i><b>Suicide/Depression Screening: one class period</b></i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i><b>Student video and discussion guide: one class period</b></i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i><b>Columbia Depression Scale screening instrument: one class period</b></i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i><b>Referrals and follow up by professionals: as needed</b></i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			