

## FIDELITY RATING FORM: PEER LEADERSHIP UNITING STUDENTS (PLUS)

Assess the PLUS Program by selecting one rating for each Fidelity Element. Use the following Fidelity Rating Rubrics to make your ratings. There are no scores to calculate. The intention is that users will identify elements without high fidelity and make changes in future implementation leading to higher fidelity.

Please note: This fidelity assessment is in no way an endorsement by CDE or WestEd of the PLUS Program.

### Fidelity Rating Rubrics

**High:** The element as implemented was a precise match to the program element described, or varied in a small way that could be reasonably interpreted to match the general intent of the program designers. An example is a program designed for drug user intervention directed to drug users; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was within 10% of the recommendation.

**Moderate:** The element as implemented was somewhat different from the program element described. An example is a program designed for drug user intervention directed to groups with both drug users and nonusers; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was between 50% and 90% of the recommendation.

**Low:** The element as implemented was very different from the program element described. An example would be a program designed for drug user intervention directed instead to general population students; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was below 50% of the recommendation.

(A) Audience Category and Characteristics <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i>Student Leaders: All trained students on the student leadership team</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Students – up to 500 students attend a monthly forum facilitated by Student Leaders in a year.</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Students – All students on a campus for whole school activity participation</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			

<b>(B) Setting size (Individual or certain group size)</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>The PLUS Team: 12-40 students</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Wide Student led Forums: 1 a month for 40-60 random students from campus</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Wide Activities – Whole School participation</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Safety Team -- (no number members specified, but consisting of: Students, Staff, Parents, Community)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			

<b>(C) Provider Characteristics</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>None Defined</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			

<b>(D) Provider Training</b>	Match to Ideal Program Element was...		
<i>Fidelity Elements</i>	High	Moderate	Low
<i>Advisor(s) attend off-site PLUS-sponsored training, then train Student PLUS Team leaders OR PLUS Trainer comes to campus and trains both Advisors and PLUS Team students (both 2-day PLUS Program Training)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>On Going Support for PLUS Advisor as needed throughout School year</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			

<b>(E) Topic Content</b>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i>Fidelity Elements</i>			
<i>Trained Student Leadership Team – Follows PLUS Program and PLUS Team Training Development Manuals</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Monthly School Wide Student Led Forums – Discussions identify critical campus issues and gives opportunity for Pro-Social Bonding and gathers data for program development activities</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Weekly Activity Implementation – Follows activity accountability guide and targets critical issue needs</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Safety Team Meetings: Students, Staff, Parents, Community – Follows Program development structure</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			

<b>(F) Dosage</b>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i>Fidelity Elements</i>			
<i>Trained Student Leadership Team – Meets weekly at a minimum</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Wide Student Led Forums – once a month</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Utilize system of data collection and action planning – Weekly assessment and activity planning</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>School Wide Activity Implementation – weekly</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any “Low” rating: _____			