CALIFORNIA
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SURVEY SYSTEM

CALIFORNIA HEALTHY KIDS SURVEY

Coachella Valley Unified
Secondary
2014-2015
Main Report

Health&Human Development Program AT WestEd

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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PREFACE

NEW THIS YEAR

The list of content sections and table names at the beginning of the digital report have been hyperlinked to the tables. Click on the title of a content section or a table and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2014–15 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic. This year, the content of the survey was significantly revised to enhance the value of its data for guiding school improvement efforts and developing and monitoring the newly-required Local Control and Accountability Plan (LCAP), particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

To help in understanding and interpreting these results, the *CHKS Guidebook* to survey content discusses the significance of each question.[1] Several other tools to help in data use are also available, as described below. For additional information and resources, visit the survey website: chks.wested.org.

The CHKS, along with its two companion surveys — *California School Climate Survey* (CSCS) for staff and the *California School Parent Survey* (CSPS) is a service of the California Department of Education (CDE). These three surveys form the *California School Climate, Health, and Learning Surveys (Cal-SCHLS)*, the largest, most comprehensive effort in the nation to assess students, staff, and parents at the local level on a regular basis to provide key data on school climate, learning supports and barriers, stakeholder engagement; as well as overall youth development, health, and well-being.

The results of this student survey should be compared to those obtained from school staff and parent surveys. It is important to determine how consistent are student, staff, and parent perceptions and experiences. Appendix 5 of *Workbook for Improving School Climate* provides a crosswalk between student, staff, and parent survey questions to facilitate this comparison.[2]

SURVEY PURPOSE

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data that would assist schools in: (1) fostering positive school climates and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of youth behaviors, attitudes, and learning conditions is essential to guide school improvement efforts and to also develop effective prevention, health, and youth development programs. These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, and emotional development of all students and create more positive, engaging school environments for students, staff, and parents.

SURVEY CONTENT OVERVIEW

The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own

[1] *Guidebook to the California Healthy Kids Survey, Part II: Survey Content (chks.wested.org/training_support)*

[2] *See californias3.wested.org/resources/schoolclimateworkbook-2ndedition_final.pdf.*

questions of local interest in a custom module. Table A1.1 indicates the modules administered by the district.

The Core Module consists of a broad range of key questions, identified by an expert advisory committee, that are considered most important for schools to administer to guide improvement of academic, health, and prevention programs and the promotion of student achievement, positive development, and well-being.[3] The primary focus of the Core Module is assessing student perceptions and experiences related to school climate and engagement, learning supports, and health-related, non-academic learning barriers (e.g., substance use, bullying and violence, and poor physical and mental health). To further support school improvement efforts and the LCAP, a supplementary School Climate Module is also available.

School-Related Core Content

The great majority of all questions on the CHKS Core are school-specific. The survey provides self-reported data on:

- Student grades, truancy, reasons for missing school, learning motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency of, type, and reasons for, harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

Supplementary School Climate Module

A supplementary School Climate Module provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment. A companion Learning Conditions module can be added to the staff survey to compare their perceptions on the same constructs. Download: chks.wested.org/administer/supplemental1#clim.

Closing the Achievement Gap

Several tables are useful for helping districts identify and address student needs related to closing the state's persistent racial/ethnic achievement gap. On the CHKS, students are asked to indicate their racial/ethnic identity and to report whether they have experienced harassment because of their race/ethnicity. Summary tables provide key findings (e.g., harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories. A supplementary module is available that assesses student attitudes and experiences related to equity, diversity, cultural sensitivity, and respect. Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity of students.

[3] *Guidebook to the California Healthy Kids Survey, Part I: Administration (chks.wested.org/training_support) provides detailed information about the content of all of the survey modules. The modules themselves can be downloaded from chks.wested.org/administer/download.*

SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential. Table A1.2 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

THE REPORT

The tables in the Main Report, organized by topic, provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

UNDERSTANDING AND USING THE DATA

Several guides, workshops, and other aids are available to help you understand and use the survey results. These are described and made available on the survey website. Three are particularly important:

- To help in understanding and interpreting these results, *Guidebook to the California Healthy Kids Survey, Part II: Survey Content* (chks.wested.org/training_support) provides a detailed explanation of each question and its significance (why it was asked) and the potential implications of the results for programs.
- The *Guidebook to the California Healthy Kids Survey, Part III: Data Use and Dissemination* (chks.wested.org/training_support) provides a step-by-step process for reviewing, analyzing, and disseminating survey results as part of a data-driven decision-making process for program improvement. Free call-in data use workshops are offered as well.
- The *Workbook for Improving School Climate and Closing the Achievement Gap* provides a practical guide to using the data in the framework of improving academic achievement and well-being among all students and closing the achievement gap. It provides examples of how to use the data to improve practice and policy.[4]

Care must be particularly taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Data Use and Dissemination Guidebook*.

Sample Characteristics

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 60%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the district's student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

[4] *The Guidebooks may be downloaded from chks.wested.org/training_support, and the Workbook from chks.wested.org/about/ctag.*

Changes Between Surveys

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase after holidays or social events).

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process. The following actions can be taken to analyze and use the results to support school and program improvement efforts.

Compare with Other Data Sources

CHKS results will be enriched if analyzed in the context of data from the CSCS and other sources, particularly in the context of identifying consistent patterns. Other data typically collected in effectiveness studies of school climate include numbers and kinds of discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

Discuss with Students, Staff, and Parents

Discuss the results with both students and staff to explore the meaning of the results in more depth and to obtain their input into how the school might better meet the needs identified. This is especially important because it communicates to students that you value their input into how to improve the school and gives them an opportunity for meaningful participation. This helps improve student perceptions of the developmental supports and opportunities that the school offers and enhances school connectedness. Cal-SCHLS staff can provide information on conducting structured group *Listening to Students* fishbowls designed to explore with students, as staff observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey.

Equally important is communicating the results and your plans for making improvements to parents. This fosters parent involvement and collaboration in addressing the identified needs, and also support for the survey, important for improving student participation rates. The importance and value of this has been made even greater by the parent involvement requirements of the Local Control and Accountability Plan.

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at chks.wested.org.

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Survey Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	X
C. Building Healthy Communities (BHC) Module	X
D. CalMHSA Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Military Connected School Module	
J. Physical Health & Nutrition Module	X
K. Resilience & Youth Development Module	X
L. Safety & Violence Module	
M. School Climate Module	
N. Sexual Behavior Module	
O. Social Emotional Health Module	
P. Tobacco Module	
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1
Student Sample Characteristics

	Grade 7	Grade 9	Grade 11	NT[A]
Student Sample Size				
Target sample	1,393	1,253	1,067	49
Final number	761	477	463	49
Average Response Rate	55%	38%	43%	100%

Note: [A]NT includes continuation, community day, and other alternative school types.

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
School Engagement and Supports					
School connectedness (high)	68	48	45	40	A4.4
Academic motivation (high)	45	32	32	20	A4.4
Truant more than a few times†	1	7	9	31	A4.2
Caring adult relationships (high)	38	24	24	20	A4.4
High expectations (high)	60	44	35	41	A4.4
Meaningful participation (high)	19	13	9	2	A4.4
School Safety and Substance Use					
School perceived as very safe or safe	75	58	55	40	A5.1
Experienced any harassment or bullying†	25	23	26	21	A5.4
Had mean rumors or lies spread about you†	31	27	30	26	A5.2
Been afraid of being beaten up†	22	12	10	9	A5.3
Been in a physical fight†	13	12	11	20	A5.3
Seen a weapon on campus†	14	15	13	26	A5.6
Been drunk or "high" on drugs at school, ever	1	7	10	45	A6.10
Mental and Physical Health					
Current alcohol or drug use‡	6	22	28	69	A6.5
Current binge drinking‡	1	6	13	46	A6.5
Very drunk or "high" 7 or more times	0	5	13	45	A6.7
Current cigarette smoking‡	2	2	3	29	A7.4
Experienced chronic sadness/hopelessness†	22	29	29	26	A8.4
Considered suicide†	na	17	13	9	A8.5

Notes: Cells are empty if there are less than 25 respondents.
†Past 12 months; ‡Past 30 days; na—Not asked of middle school students.

3. Demographics

Table A3.1

Age of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
10 years or younger	0	0	0	2
11 years old	3	0	0	0
12 years old	86	0	0	0
13 years old	12	2	0	0
14 years old	0	86	0	0
15 years old	0	12	4	0
16 years old	0	1	86	27
17 years old	0	0	10	49
18 years old or older	0	0	0	22

Question HS/MS A.3: How old are you?
Note: Cells are empty if there are less than 25 respondents.

Table A3.2

Gender of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	49	57	59	76
Female	51	43	41	24

Question HS/MS A.4: What is your sex?
Note: Cells are empty if there are less than 25 respondents.

Table A3.3

Hispanic or Latino

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	12	7	4	10
Yes	88	93	96	90

Question HS/MS A.6: Are you of Hispanic or Latino origin?
Note: Cells are empty if there are less than 25 respondents.

Table A3.4

Race

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	6	6	4	12
Asian	0	1	1	0
Black or African American	3	2	2	2
Native Hawaiian or Pacific Islander	0	1	0	0
White	15	13	30	34
Mixed (two or more) races	75	77	64	51

Question HS/MS A.7: What is your race?
Note: Cells are empty if there are less than 25 respondents.

Table A3.5

Living Situation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parents or guardian	na	86	90	83
Other relative's home	na	2	2	9
A home with more than one family	na	5	4	4
Friend's home	na	1	0	0
Foster home, group care, or waiting placement	na	0	0	0
Hotel or motel	na	0	0	0
Shelter, car, campground, or other transitional or temporary housing	na	1	0	0
Other living arrangement	na	5	3	4

Question HS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A3.6

Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	21	37	49	39
Graduated from high school	20	22	19	33
Attended college but did not complete four-year degree	6	7	7	6
Graduated from college	9	8	7	6
Don't know	44	26	19	16

Question HS A.10/MS A.9: What is the highest level of education your parents completed? (Mark the Educational Level Of The Parent Who Went the Furthest In School.)
Note: Cells are empty if there are less than 25 respondents.

Table A3.7

Sexual Identification

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Heterosexual (straight)	64	84	81	87
Gay or Lesbian or Bisexual	2	5	6	7
Transgender	0	1	1	0
Not sure	17	7	5	4
Decline to respond	21	8	12	7

Question HS A.113/MS A.101: Which of the following best describes you? (Mark All That Apply.)
Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A3.8

Military Connections

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	82	92	93	96
Yes	6	2	3	0
Don't know	12	6	4	4

Question HS A.112/MS A.100: Is your father, mother, or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?
Note: Cells are empty if there are less than 25 respondents.

4. School Performance, Supports and Engagements

Table A4.1

Grades, Past 12 months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	16	7	9	4
A's and B's	39	29	25	2
Mostly B's	8	8	8	10
B's and C's	21	27	34	29
Mostly C's	4	7	8	18
C's and D's	9	14	11	22
Mostly D's	1	4	2	6
Mostly F's	3	5	2	8

Question HS A.11/MS A.10: During the past 12 months, how would you describe the grades you mostly received in school?
Note: Cells are empty if there are less than 25 respondents.

Table A4.2

Truancy, Past 12 months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	75	62	50	27
1-2 times	14	17	24	24
A few times	10	14	17	18
Once a month	1	2	3	4
Once a week	0	2	3	6
More than once a week	0	3	3	20

Question HS A.12/MS A.11: During the past 12 months, about how many times did you skip school or cut classes?
Note: Cells are empty if there are less than 25 respondents.

Table A4.3

Reasons for Absence

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, I didn't miss any school	44	39	30	24
Illness (feeling physically sick), including problems with breathing or your teeth	37	42	51	51
Felt very sad, hopeless, anxious, stressed, or angry	5	8	8	16
Didn't get enough sleep	3	11	12	24
Didn't feel safe at school	1	1	1	0
Had to work	1	0	1	2
Had to take care of or help a family member or friend	3	6	7	4
Wanted to spend time with friends who don't go to your school	0	3	3	4
Wanted to use alcohol or drugs	0	1	2	8
Were behind in schoolwork or weren't prepared for a test or class assignment	1	4	5	4
Were bored with or uninterested in school	1	6	5	14
Were suspended	1	2	1	0
Other reason	15	13	14	6

Question HS A.13/MS A.12: In the past 30 days, did you miss school for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A4.4

School Developmental Supports, Connectedness and Academic Motivation

Percent of students scoring	Grade 7			Grade 9			Grade 11			NT		
High, Moderate, and Low (%)	H	M	L	H	M	L	H	M	L	H	M	L
School Environment												
Total school supports	39	54	7	27	57	15	24	55	21	21	69	10
Caring adults in school	38	52	9	24	60	16	24	56	20	20	69	10
High expectations-adults in school	60	36	4	44	49	7	35	55	10	41	51	8
Meaningful participation at school	19	55	26	13	50	37	9	52	38	2	50	48
School Connectedness	68	28	4	48	45	7	45	46	9	40	50	10
Academic Motivation	45	45	10	32	44	24	32	54	15	20	53	27

Note: Cells are empty if there are less than 25 respondents.

Table A4.5

School Connectedness Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I feel close to people at this school.				
Strongly disagree	3	4	6	4
Disagree	7	7	6	16
Neither disagree nor agree	23	27	26	18
Agree	52	46	50	51
Strongly agree	15	16	11	10
I am happy to be at this school.				
Strongly disagree	2	3	4	4
Disagree	3	8	6	9
Neither disagree nor agree	11	22	26	30
Agree	50	49	48	47
Strongly agree	34	18	15	11
I feel like I am part of this school.				
Strongly disagree	2	4	6	4
Disagree	8	9	11	13
Neither disagree nor agree	21	31	29	36
Agree	48	41	44	38
Strongly agree	22	16	10	9
The teachers at this school treat students fairly.				
Strongly disagree	3	5	8	2
Disagree	7	10	13	13
Neither disagree nor agree	16	27	32	34
Agree	48	45	40	40
Strongly agree	26	13	7	11
I feel safe in my school.				
Strongly disagree	3	3	2	6
Disagree	5	8	8	6
Neither disagree nor agree	17	28	28	35
Agree	46	46	50	43
Strongly agree	29	14	12	10

Question HS A.14-18/MS A.13-17: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.
Note: Cells are empty if there are less than 25 respondents.

Table A4.6

Academic Motivation Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	1	2	1	8
Disagree	2	3	3	4
Neither disagree nor agree	9	21	15	12
Agree	44	40	51	43
Strongly agree	44	33	31	33
I try hard at school because I am interested in my work.				
Strongly disagree	2	2	1	6
Disagree	5	7	6	6
Neither disagree nor agree	19	27	19	35
Agree	43	38	49	35
Strongly agree	31	26	25	18
I work hard to try to understand new things at school.				
Strongly disagree	2	2	2	4
Disagree	2	4	4	6
Neither disagree nor agree	10	20	12	27
Agree	47	45	54	47
Strongly agree	39	29	28	16
I am always trying to do better in my schoolwork.				
Strongly disagree	2	2	1	4
Disagree	2	3	2	4
Neither disagree nor agree	7	19	13	22
Agree	41	40	47	43
Strongly agree	48	37	37	27

Question HS A.19-22/MS A.18-21: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork.
Note: Cells are empty if there are less than 25 respondents.

Table A4.7

School Developmental Supports Scale Questions

At my school, there is a teacher or some other adult...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring Relationships				
who really cares about me.				
Not at all true	12	12	13	16
A little true	26	35	38	33
Pretty much true	35	37	33	27
Very much true	27	17	16	24
who notices when I'm not there.				
Not at all true	10	17	15	8
A little true	26	28	33	29
Pretty much true	34	36	34	40
Very much true	30	20	18	23
who listens to me when I have something to say.				
Not at all true	7	12	14	8
A little true	19	23	26	31
Pretty much true	37	42	37	38
Very much true	37	23	23	23
High Expectations				
who tells me when I do a good job.				
Not at all true	4	7	8	13
A little true	20	27	30	23
Pretty much true	36	40	41	43
Very much true	40	26	20	21
who always wants me to do my best.				
Not at all true	3	4	6	6
A little true	11	17	22	18
Pretty much true	29	37	40	39
Very much true	58	42	32	37
who believes that I will be a success.				
Not at all true	5	8	11	8
A little true	11	19	22	23
Pretty much true	31	35	35	35
Very much true	53	38	32	33

Question HS A.23-28/MS A.22-27: At my school, there is a teacher or some other adult who...really cares about me... tells me when I do a good job... notices when I am not there... always wants me to do my best... listens to me when I have something to say... believes that I will be a success.
Note: Cells are empty if there are less than 25 respondents.

Table A4.7

School Developmental Supports Scale Questions - Continued

At school...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Opportunities for Meaningful Participation				
I do interesting activities.				
Not at all true	11	19	24	23
A little true	30	29	33	42
Pretty much true	33	28	25	29
Very much true	26	23	18	6
I help decide things like class activities or rules.				
Not at all true	34	41	40	42
A little true	30	33	30	40
Pretty much true	21	19	22	17
Very much true	16	8	8	2
I do things that make a difference.				
Not at all true	26	33	33	31
A little true	32	37	38	48
Pretty much true	28	20	21	17
Very much true	14	9	8	4

Question HS A.29-31/MS A.28-30: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference.
Note: Cells are empty if there are less than 25 respondents.

5. School Violence, Victimization and Safety

Table A5.1

Perceived Safety at School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very safe	31	15	14	10
Safe	43	43	41	29
Neither safe nor unsafe	19	34	37	48
Unsafe	4	5	5	2
Very unsafe	2	3	3	10

Question HS A.84/MS A.72: How safe do you feel when you are at school?
Note: Cells are empty if there are less than 25 respondents.

Table A5.2

Verbal Harassment

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you...				
had mean rumors or lies spread about you?				
0 times	69	73	70	74
1 time	17	13	15	13
2 to 3 times	7	8	9	6
4 or more times	6	6	6	6
had sexual jokes, comments, or gestures made to you?				
0 times	83	76	75	83
1 time	7	10	10	4
2 to 3 times	5	6	5	2
4 or more times	5	9	9	11
been made fun of because of your looks or the way you talk?				
0 times	71	70	73	83
1 time	15	12	13	6
2 to 3 times	5	9	7	6
4 or more times	8	9	7	4
been made fun of, insulted, or called names?				
0 times	67	72	73	73
1 time	17	12	11	11
2 to 3 times	7	5	7	7
4 or more times	10	11	9	9

Question HS A.88-90, 99/MS A.77-79, 88: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names?
Note: Cells are empty if there are less than 25 respondents.

Table A5.3

Violence and Victimization on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you...				
been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?				
0 times	74	80	80	85
1 time	13	10	11	11
2 to 3 times	7	7	6	4
4 or more times	7	3	4	0
been afraid of being beaten up?				
0 times	78	88	90	91
1 time	14	7	5	9
2 to 3 times	3	3	2	0
4 or more times	5	2	3	0
been in a physical fight?				
0 times	87	88	89	80
1 time	8	5	6	11
2 to 3 times	3	4	4	7
4 or more times	2	3	2	2
been threatened with harm or injury?				
0 times	94	95	95	98
1 time	4	3	3	0
2 to 3 times	1	2	1	2
4 or more times	1	1	1	0
been threatened or injured with a weapon (gun, knife, club, etc.)?				
0 times	97	97	97	96
1 time	2	2	1	4
2 to 3 times	1	1	2	0
4 or more times	0	1	0	0
been offered, sold, or given an illegal drug?				
0 times	97	84	76	70
1 time	2	8	8	6
2 to 3 times	1	4	8	6
4 or more times	0	5	8	17

Question HS A.85-87, 92, 96, 98/MS A.74-76, 81, 85, 87: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury?
Note: Cells are empty if there are less than 25 respondents.

Table A5.4

Reasons for Harassment on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Race, ethnicity, or national origin				
0 times	93	94	90	94
1 time	3	3	6	6
2 or more times	4	2	4	0
Religion				
0 times	93	97	95	100
1 time	4	2	3	0
2 or more times	3	1	3	0
Gender (being male or female)				
0 times	94	96	94	98
1 time	2	2	3	0
2 or more times	3	2	3	2
Because you are gay or lesbian or someone thought you were				
0 times	95	94	94	98
1 time	3	2	2	0
2 or more times	3	3	3	2
A physical or mental disability				
0 times	97	98	97	98
1 time	2	1	1	0
2 or more times	1	1	1	2
Any of the above five hate-crime reasons	17	13	19	11
Any other reason				
0 times	85	82	86	87
1 time	7	8	5	7
2 or more times	8	10	8	7
Any harassment	25	23	26	21

Question HS A.100-105/MS A.89-94: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender (being male or female)... Because you are gay or lesbian or someone thought you were... A physical or mental disability... Any other reason.

Note: Cells are empty if there are less than 25 respondents.

Table A5.5

Property Damage on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	84	83	82	96
1 time	10	10	10	0
2 to 3 times	4	3	5	2
4 or more times	1	3	3	2
Damaged school property on purpose				
0 times	97	93	92	83
1 time	2	3	5	4
2 to 3 times	1	2	2	6
4 or more times	1	2	1	6

Question HS A.91, 93/MS A.80, 82: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

Note: Cells are empty if there are less than 25 respondents.

Table A5.6

Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Carried a gun				
0 times	98	98	97	93
1 time	1	1	1	0
2 to 3 times	1	0	1	0
4 or more times	0	1	1	7
Carried any other weapon (such as a knife or club)				
0 times	96	96	94	89
1 time	2	2	3	2
2 to 3 times	1	1	2	2
4 or more times	1	1	1	6
Seen someone carrying a gun, knife, or other weapon				
0 times	86	85	87	74
1 time	8	9	7	6
2 to 3 times	2	2	2	6
4 or more times	3	4	3	13

Question HS A.94, 95, 97/MS A.83, 84, 86: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

Note: Cells are empty if there are less than 25 respondents.

6. Alcohol and Other Drug Use

Table A6.1

Summary Measures of Level of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime alcohol or drugs (excluding cold/cough medicines and prescription drugs)	12	38	43	79	A6.2
Current alcohol or drugs	6	22	28	69	A6.5
Current heavy drug users	1	5	10	48	A6.5
Current heavy alcohol user (binge drinker)	1	6	13	46	A6.5
Current alcohol or drug use on school property	3	6	7	25	A6.11

Note: Cells are empty if there are less than 25 respondents.

Table A6.2
Lifetime AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one full drink)				
0 times	91	66	61	25
1 time	4	13	6	10
2 to 3 times	2	7	10	6
4 or more times	3	13	23	58
Marijuana				
0 times	96	84	72	29
1 time	1	5	6	4
2 to 3 times	1	4	4	6
4 or more times	1	7	19	60
Inhalants (to get "high")				
0 times	95	94	92	70
1 time	3	3	3	11
2 to 3 times	1	2	2	2
4 or more times	1	2	3	17
Cocaine, Methamphetamine, or any amphetamines				
0 times	na	97	94	64
1 time	na	1	1	6
2 to 3 times	na	1	1	4
4 or more times	na	0	3	26
Ecstasy, LSD, or other psychedelics				
0 times	na	98	98	77
1 time	na	2	1	6
2 to 3 times	na	0	1	4
4 or more times	na	0	0	13
Any other drug, or pill, or medicine to get "high" or for other than medical reasons				
0 times	na	95	92	76
1 time	na	2	2	0
2 to 3 times	na	2	2	11
4 or more times	na	2	4	13
Any of the above AOD use	12	38	43	79

Question HS A.35-38, 40, 45/MS A.35-37: During your life, how many times have you used the following substances? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (pot, weed, grass, hash, bud)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Any other drug, or pill, or medicine to get "high" or for other than medical reasons.
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A6.2
Lifetime AOD Use – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain killers , tranquilizers, or sedatives				
0 times	na	92	86	70
1 time	na	3	2	0
2 to 3 times	na	2	5	9
4 or more times	na	3	6	21
Diet Pills				
0 times	na	94	96	98
1 time	na	1	1	0
2 to 3 times	na	2	1	2
4 or more times	na	3	2	0
Ritalin™ or Adderall™ or other prescription stimulant				
0 times	na	98	97	98
1 time	na	0	1	2
2 to 3 times	na	1	1	0
4 or more times	na	1	1	0
Cold/Cough Medicines or other over-the-counter medicines				
0 times	na	71	66	44
1 time	na	5	5	4
2 to 3 times	na	8	10	29
4 or more times	na	16	19	23

Question HS A.41-44: During your life, how many times have you used the following substances?... Prescription pain killers (Vicodin™, OxyContin™, Percodan™, Lortab™), tranquilizers, or sedatives (Xanax™, Ativan™)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin™ or Adderall™ (JIF, R-ball, Skippy) or other prescription stimulant... Cold/Cough Medicines (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) or other over-the-counter medicines.
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A6.3

Summary of AOD Lifetime Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	9	34	39	75
Marijuana	4	16	28	71
Inhalants	5	6	8	30
Cocaine	na	3	6	36
Ecstasy, LSD, or other psychedelics, lifetime	na	2	2	23
Prescription pain killers, Diet Pills, or other prescription stimulant	na	12	16	32

Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A6.4

Age of Onset – AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one full drink)				
Never	86	56	55	25
10 or under	9	10	6	10
11-12 years old	5	10	5	6
13-14 years old	0	21	11	25
15-16 years old	0	3	21	25
17 years or older	0	0	2	8
Marijuana				
Never	98	84	73	33
10 or under	0	1	1	13
11-12 years old	1	4	3	10
13-14 years old	0	10	10	23
15-16 years old	0	0	12	10
17 years or older	0	0	1	10
Any other illegal drug or pill to get "high"				
Never	99	94	89	52
10 or under	0	0	1	4
11-12 years old	0	2	2	2
13-14 years old	0	4	4	10
15-16 years old	0	0	4	23
17 years or older	0	0	0	8

Question HS A.49, 52, 53/MS A.42, 45, 46: About how old were you the first time you did any of these things? Had a drink of an alcoholic beverage (other than a sip or two)... Used marijuana or hashish... Used any other illegal drug or pill to get "high."
Note: Cells are empty if there are less than 25 respondents.

Table A6.5

Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)	5	18	24	54
Binge drinking (5 or more drinks in a row)	1	6	13	46
Marijuana	2	8	13	53
Inhalants	1	2	3	15
Prescription pain medications to get "high" or for reasons other than prescribed	na	2	4	23
Other drug, pill, or medicine to get "high" or for other than medical reasons	1	2	2	13
Any drug use	3	9	15	54
Heavy drug user	1	5	10	48
Any AOD Use	6	22	28	69
Two or more drugs at the same time	na	2	5	25

Question HS A.57-63/MS A.50-53, 54: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)... inhalants (things you sniff, huff, or breathe to get "high")... prescription pain medications to get "high" or for reasons other than prescribed (such as Vicodin™, OxyContin™, Percodan™, Ritalin™, Adderall™, Xanax™)... any other drug, pill, or medicine to get "high" or for other than medical reasons... two or more drugs at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.6

Frequency of Current AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)				
0 days	95	82	76	46
1 or 2 days	4	12	16	19
3 to 9 days	0	4	5	23
10 to 19 days	0	2	1	4
20 or more days	0	1	3	8
Binge drinking (5 or more drinks in a row)				
0 days	99	94	88	54
1 or 2 days	1	4	8	19
3 to 9 days	0	1	2	21
10 to 19 days	0	1	1	0
20 or more days	0	1	2	6
Marijuana				
0 days	98	92	87	47
1 or 2 days	2	5	5	6
3 to 9 days	0	1	3	4
10 to 19 days	0	1	1	2
20 or more days	0	1	4	40

Question HS A.57-59/MS A.50-52: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)?

Note: Cells are empty if there are less than 25 respondents.

Table A6.7

Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very drunk or sick after drinking alcohol				
0 times	98	85	79	43
1 to 2 times	1	11	12	23
3 to 6 times	0	2	4	17
7 or more times	0	2	5	17
"High" (loaded, stoned, or wasted) from using drugs				
0 times	98	86	77	36
1 to 2 times	2	6	6	4
3 to 6 times	1	4	5	15
7 or more times	0	4	12	45
Very drunk or "high" 7 or more times	0	5	13	45

Question HS A.46, 47/MS A.39, 40: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs?

Note: Cells are empty if there are less than 25 respondents.

Table A6.8

Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
Does not apply, don't use	na	85	77	46
0 times	na	11	17	38
1 time	na	3	4	2
2 to 3 times	na	0	1	6
4 or more times	na	0	2	8
Marijuana				
Does not apply, don't use	na	87	79	36
0 times	na	8	11	40
1 time	na	4	5	9
2 to 3 times	na	1	2	4
4 or more times	na	1	3	11

Question HS A.81, 82: How many times have you tried to quit or stop using... alcohol... marijuana?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.9

Drinking While Driving

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been drinking, or been in a car driven by a friend who had been drinking				
Never	na	82	82	56
1 time	na	4	3	4
2 times	na	6	4	0
3 to 6 times	na	4	6	27
7 or more times	na	5	5	13
Have ridden in a car driven by someone who had been drinking				
Never	71	na	na	na
1 time	12	na	na	na
2 times	6	na	na	na
3 to 6 times	5	na	na	na
7 or more times	6	na	na	na

Question HS A.83/MS A.71: During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?... In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle/high school students.

Table A6.10

Lifetime Drunk or "High" on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	99	93	90	55
1 to 2 times	0	3	5	13
3 to 6 times	0	2	2	2
7 or more times	0	2	3	30

Question HS A.48/MS A.41: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?
Note: Cells are empty if there are less than 25 respondents.

Table A6.11

Current AOD Use on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	98	96	95	85
1 to 2 days	1	3	2	6
3 or more days	0	1	3	8
Marijuana				
0 days	99	97	96	79
1 to 2 days	1	2	2	4
3 or more days	0	1	3	17
Any other illegal drug or pill to get "high"				
0 days	100	99	97	83
1 to 2 days	0	1	1	4
3 or more days	0	0	2	13
Any of the above	3	6	7	25

Question HS A.67-69/MS A.58-60: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol... smoke marijuana... use any other illegal drug or pill to get "high"?
Note: Cells are empty if there are less than 25 respondents.

Table A6.12

Perceived Harm and Availability

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Perceived Harm of Use...				
Alcohol - drink occasionally				
Great	21	34	33	24
Moderate	15	27	27	16
Slight	15	16	17	38
None	49	23	23	22
Alcohol - 5 or more drinks once or twice a week				
Great	27	42	43	32
Moderate	15	20	24	34
Slight	9	13	12	11
None	49	25	22	23
Marijuana - smoke occasionally				
Great	28	40	35	17
Moderate	13	20	18	11
Slight	8	12	16	11
None	52	28	31	62
Marijuana - smoke once or twice a week				
Great	29	37	34	13
Moderate	12	19	19	15
Slight	8	15	17	6
None	51	29	30	66
Perceived Difficulty of Obtaining...				
Alcohol				
Very difficult	14	8	6	8
Fairly difficult	4	9	7	2
Fairly easy	8	18	20	19
Very easy	9	29	41	48
Don’t know	65	36	26	23
Marijuana				
Very difficult	17	10	6	6
Fairly difficult	5	7	6	2
Fairly easy	5	17	15	10
Very easy	5	30	46	58
Don’t know	68	36	27	23

Question HS A.72-75, 77, 78/MS A.63-66, 68, 69: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol occasionally... Have five or more drinks of an alcoholic beverage once or twice a week... Smoke marijuana occasionally... Smoke marijuana once or twice a week... How difficult is it for students in your grade to get any of the following substances if they really want them?... Alcohol... Marijuana.

Note: Cells are empty if there are less than 25 respondents.

7. Tobacco Use

Table A7.1

Summary of Key CHKS Tobacco Indicators

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Use Prevalence and Patterns					
Ever smoked a whole cigarette	3	9	13	46	A7.2
Current cigarette smoking‡	2	2	3	29	A7.4
Current cigarette smoking at school‡	1	0	1	4	A7.5
Ever tried smokeless tobacco	2	4	3	9	A7.2
Current smokeless tobacco use‡	0	1	2	9	A7.4
Current smokeless tobacco use at school‡	0	0	1	4	A7.5
Ever used electronic cigarettes or other vaping device	9	27	28	69	A7.2
Current use of electronic cigarettes or other vaping device‡	4	11	9	42	A7.4
Current use of electronic cigarettes or other vaping device at school‡	2	3	3	15	A7.5
Cessation Attempts					
Tried to quit or stop using cigarettes	na	1	3	13	A7.6
Attitudes and Correlates					
Occasional smoking great harm	23	38	40	37	A7.8
Smoking 1-2 packs per day great harm	36	56	57	55	A7.8
Strongly disapprove of peer smoking 1 or more packs of cigarettes a day	69	63	63	46	A7.7
Very easy to obtain cigarettes	6	20	31	48	A7.8

Notes: Cells are empty if there are less than 25 respondents.

‡*Past 30 days; na—Not asked of middle school students.*

Table A7.2
Lifetime Tobacco Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A cigarette, even one or two puffs				
0 times	95	na	na	na
1 time	2	na	na	na
2 to 3 times	2	na	na	na
4 or more times	1	na	na	na
A whole cigarette				
0 times	97	91	87	54
1 time	1	4	5	10
2 to 3 times	1	3	3	8
4 or more times	1	2	4	27
Smokeless tobacco				
0 times	98	96	97	91
1 time	1	2	1	2
2 to 3 times	1	1	1	2
4 or more times	1	0	1	4
An electronic cigarette or other vaping device				
0 times	91	73	72	31
1 time	4	9	7	6
2 to 3 times	3	7	10	21
4 or more times	2	10	10	42

Question HS A.32-34/MS A.31-34: During your life, how many times have you used the following substances? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff such as Redman™, Skoal™, or Beechnut™)... Electronic cigarettes, e-cigarettes or other vaping device such as e-hookah, hookah pens or vape pens.
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of high school students.

Table A7.3

Age of Onset – Tobacco Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Smoked part or all of a cigarette				
Never	96	87	83	46
10 or under	2	5	3	0
11-12 years old	2	4	2	10
13-14 years old	0	4	5	17
15-16 years old	0	0	6	23
17 years or older	0	0	0	4
Smokeless tobacco				
Never	98	95	91	78
10 or under	1	1	1	2
11-12 years old	0	1	0	2
13-14 years old	0	3	2	4
15-16 years old	0	0	5	9
17 years or older	0	0	0	4

Question HS A.50-51/MS A.43-44: About how old were you the first time you did any of these things? Smoked part or all of a cigarette... Used smokeless tobacco or other tobacco products.
Note: Cells are empty if there are less than 25 respondents.

Table A7.4

Any Current Use and Daily Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarette				
Any	2	2	3	29
Daily (20 or more days)	0	0	0	6
Smokeless Tobacco				
Any	0	1	2	9
Daily (20 or more days)	0	0	0	4
Electronic cigarette				
Any	4	11	9	42
Daily (20 or more days)	0	1	1	2

Question HS A.54-56/MS A.47-49: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew or snuff)... an electronic cigarette or any other nicotine delivery device?
Note: Cells are empty if there are less than 25 respondents.

Table A7.5

Current Smoking on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarette				
0 days	99	100	99	96
1 or 2 days	0	0	1	2
3 to 9 days	0	0	0	0
10 to 19 days	0	0	0	0
20 or more days	0	0	0	2
Smokeless Tobacco				
0 days	100	100	99	96
1 or 2 days	0	0	0	0
3 to 9 days	0	0	0	0
10 to 19 days	0	0	0	0
20 or more days	0	0	0	4
Electronic cigarette or other vaping device				
0 days	98	97	97	85
1 or 2 days	1	2	3	8
3 to 9 days	0	0	0	4
10 to 19 days	0	0	0	0
20 or more days	0	0	0	2

Question HS A.64-66/MS A.55-57: During the past 30 days, on how many days on school property did you... smoke cigarettes... use smokeless tobacco... use electronic cigarettes, e-cigarettes or other vaping device such as e-hookah, hookah pens or vape pens?

Note: Cells are empty if there are less than 25 respondents.

Table A7.6

Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	95	92	71
0 times	na	4	5	17
1 time	na	1	2	6
2 to 3 times	na	0	0	4
4 or more times	na	0	1	2

Question HS A.80: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A7.7

Personal Disapproval of Peer Cigarette Smoking, One or More Packs A Day

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Neither approve nor disapprove	20	22	22	31
Somewhat disapprove	12	15	15	23
Strongly disapprove	69	63	63	46

Question HS A.79/MS A.70: How do you feel about someone your age smoking one or more packs of cigarettes a day?

Note: Cells are empty if there are less than 25 respondents.

Table A7.8

Perceived Harm of Cigarette Smoking and Difficulty of Obtaining Cigarettes

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Perceived Harm of Use...				
Smoke cigarettes occasionally				
Great	23	38	40	37
Moderate	15	24	24	22
Slight	12	13	12	17
None	49	25	24	24
Smoke 1-2 packs of cigarettes a day				
Great	36	56	57	55
Moderate	9	14	12	11
Slight	6	6	8	6
None	49	24	24	28
Perceived Difficulty of Obtaining...				
Cigarettes				
Very difficult	14	10	7	6
Fairly difficult	5	13	7	0
Fairly easy	7	16	18	21
Very easy	6	20	31	48
Don't know	68	41	37	25

Question HS A.70, 71, 76/MS A.61, 62, 67: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1-2 packs of cigarettes each day... How difficult is it for students in your grade to get any of the following substances if they really want them?... Cigarettes.

Note: Cells are empty if there are less than 25 respondents.

8. Other Physical and Mental Health Risks

Table A8.1

Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	88	85	83	83
1 time	8	8	9	11
2 to 3 times	3	3	5	4
4 or more times	2	4	4	2

Question HS A.106/MS A.95: During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e., Facebook™, MySpace™, email, instant message)?
Note: Cells are empty if there are less than 25 respondents.

Table A8.2

Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	68	na	na	na
1 day	13	na	na	na
2 days	5	na	na	na
3 days	2	na	na	na
4 days	1	na	na	na
5 days	11	na	na	na

Question MS A.73: In a normal week, how many days are you home after school for at least one hour without an adult there?
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of high school students.

Table A8.3

Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	24	41	33	49
Yes	76	59	67	51

Question HS A.110/MS A.98: Did you eat breakfast today?
Note: Cells are empty if there are less than 25 respondents.

Table A8.4

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	78	71	71	74
Yes	22	29	29	26

Question HS A.108/MS A.97: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?
Note: Cells are empty if there are less than 25 respondents.

Table A8.5

Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	83	87	91
Yes	na	17	13	9

Question HS A.109: During the past 12 months, did you ever seriously consider attempting suicide?
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table A8.6

Gang Involvement

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	95	97	94	93
Yes	5	3	6	7

Question HS A.107/MS A.96: Do you consider yourself a member of a gang?
Note: Cells are empty if there are less than 25 respondents.

9. Race/Ethnic Breakdowns

Table A9.1

School Developmental Supports and Connectedness by Race/Ethnicity - 7th Grade

Percent of students scoring High (%)	Grade 7						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports	39	40				48	37
Caring adults in school	38	44				42	38
High expectations-adults in school	60	63				66	61
Meaningful participation at school	19	24				28	16
School Connectedness	69	65				68	68
Academic Motivation	44	47				40	45

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.2

School Developmental Supports and Connectedness by Race/Ethnicity - 9th Grade

Percent of students scoring High (%)	Grade 9						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports	26					31	30
Caring adults in school	23					27	26
High expectations-adults in school	43					41	47
Meaningful participation at school	13					14	13
School Connectedness	49					65	48
Academic Motivation	33					33	35

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.3

School Developmental Supports and Connectedness by Race/Ethnicity - 11th Grade

Percent of students scoring High (%)	Grade 11						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports	24					27	25
Caring adults in school	23					28	23
High expectations-adults in school	35					39	34
Meaningful participation at school	9					9	10
School Connectedness	45					44	45
Academic Motivation	32					30	31

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.4

School Developmental Supports and Connectedness by Race/Ethnicity - Non-Traditional

Percent of students scoring High (%)	NT						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports	23						
Caring adults in school	20						
High expectations-adults in school	43						
Meaningful participation at school	2						
School Connectedness	39						
Academic Motivation	23						

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

Table A9.5

Current Cigarette Smoking, by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Smoked cigarettes in the past 30 days				
Hispanic or Latino	2	2	3	33
American Indian or Alaska Native	0			
Asian				
Black or African American				
Native Hawaiian or Pacific Islander				
White	0	2	5	
Mixed (two or more) races	2	2	3	

Notes: Cells are empty if there are less than 25 respondents.

10. Gender Breakdowns

Table A10.1

School Developmental Supports, Connectedness and Academic Motivation by Gender

Percent of Students Scoring High	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
School Environment								
Total school supports	41	37	23	30	30	20		14
Caring adults in school	40	37	21	26	29	20		16
High expectations-adults in school	63	57	42	45	38	33		32
Meaningful participation at school	17	20	12	13	13	7		3
School Connectedness	69	67	48	48	49	42		44
Academic Motivation	54	36	34	30	39	27		19

Note: Cells are empty if there are less than 25 respondents.

Table A10.2

Selected Alcohol and Drug Use Measures by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
Lifetime and Current AOD Use								
During your life, did you ever...								
drink alcohol (one full drink)?	9	9	41	30	35	41		75
use inhalants?	5	4	11	3	7	8		29
smoke marijuana?	3	5	15	17	22	33		75
During the past 30 days, did you...								
drink alcohol (one full drink)?	6	5	25	13	24	24		56
use inhalants?	1	1	2	1	2	3		14
smoke marijuana?	1	3	8	7	11	15		54
Level of Involvement (High Risk Patterns)								
During your life, have you ever...								
been very drunk or sick after drinking alcohol?	2	1	19	13	20	21		54
been "high" from using drugs?	2	3	11	16	18	26		63
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	1	1	9	4	14	11		42
AOD Use at School								
During your life, have you ever been drunk or "high" on school property?	0	1	5	8	8	11		43
During the past 30 days, did you use marijuana on school property?	0	2	2	4	4	4		19
Perceived Harm								
Frequent use of...is harmful.[A]								
alcohol (five or more drinks once or twice a week)	51	50	81	71	83	75		72
marijuana (once or twice a week)	49	48	76	67	79	63		36

Notes: Cells are empty if there are less than 25 respondents.

[A] *Combines Great, Moderate, and Slight.*

Table A10.3

Selected Tobacco Use Measures by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
During your life, did you ever smoke a cigarette?	2	3	10	9	7	17		47
During the past 30 days, did you smoke a cigarette?	1	2	1	3	2	4		28
During the past 30 days, did you smoke cigarettes daily?	0	0	0	0	0	0		8
During the past 30 days, did you smoke cigarettes on school property?	0	1	0	0	1	1		6
Frequent use of cigarettes is harmful. (1-2 packs a day)[A]	51	52	80	73	82	72		69

Notes: Cells are empty if there are less than 25 respondents.
[A]Combines Great, Moderate, and Slight.

Table A10.4

School Safety - Related Indicators by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
During the past 12 months at school, have you been harassed or bullied for any of the following reasons?								
Race, ethnicity, or national origin	6	8	7	5	11	10		6
Religion	7	7	4	2	6	4		0
Gender	6	5	5	4	9	4		3
Gay/lesbian, or someone thought you were	5	6	5	6	5	6		0
Physical/mental disability	3	2	2	3	4	2		3
Any other reason	19	11	22	14	15	13		17
During the past 12 months at school, have you been in a physical fight?	9	19	9	15	9	13		26
Feels safe at school	74	75	58	57	58	53		42
Currently belong to a gang	5	4	2	3	3	7		6

Note: Cells are empty if there are less than 25 respondents.

Table A10.5

Physical and Mental Health Measures by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
Eating of breakfast	71	83	53	64	69	66		57
Chronic sad or hopeless feelings	31	11	44	17	38	23		23

Note: Cells are empty if there are less than 25 respondents.

Alcohol and Other Drugs (AOD) Module

1. Module Sample

Table B1.1
Student Sample for AOD Module

	Grade 7	Grade 9	Grade 11	NT[A]
Student Sample Size				
Target sample	1,393	1,253	1,067	49
Final number	520	323	349	41
Average Response Rate	37%	26%	33%	84%

Note: [A]NT includes continuation, community day, and other alternative school types.

2. Alcohol and Marijuana Consumption Patterns

Table B2.1

Alcohol Consumption

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I don't drink alcohol	96	76	69	39
Just enough to feel it a little	3	18	21	22
Enough to feel it moderately	1	4	6	20
Until I feel it a lot or get really drunk	1	3	5	20

Question HS/MS B.1: If you drink alcohol, how much do you usually drink?

Notes: Cells are empty if there are less than 25 respondents.

Table B2.2

Marijuana Consumption

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I don't use drugs	na	88	80	38
Just enough to feel a little high	na	7	6	15
Enough to feel it moderately	na	3	6	13
Until I feel it a lot or get really high	na	3	8	35

Question HS B.2: If you use marijuana or other drugs, how "high" (stoned, faded, wasted, trashed) do you usually like to get?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

3. Selling Drugs

Table B3.1

Sold Drugs, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	96	92	89
Yes	na	4	8	11

Question HS B.14: During the past 12 months, have you sold drugs to someone?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

4. Consequences of AOD Consumption

Table B4.1

Alcohol or Other Drug Use Caused Any Problems

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Doesn't apply; I've never used alcohol or drugs	na	82	71	43
Have problems with emotions, nerves, or mental health	na	2	4	3
Get into trouble or have problems with the police	na	1	3	8
Have money problems	na	1	3	5
Miss school	na	1	3	8
Have problems with schoolwork	na	2	4	5
Fight with other kids	na	2	2	5
Damage a friendship	na	2	3	0
Physically hurt or injure yourself	na	1	2	0
Have unwanted or unprotected sex	na	1	2	0
Forget what happened or pass out	na	3	3	8
Have any other problems	na	1	3	5
I've used alcohol or drugs but never had any problems	na	12	21	41

Question HS B.3: Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

na—Not asked of middle school students.

Table B4.2

Alcohol or Other Drug Use Caused Negative Experiences

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply; I have not used alcohol or drugs	na	82	71	47
Found you had to increase how much you use to have the same effect as before	na	2	2	8
Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs	na	1	1	0
Used alcohol or drugs a lot more than you intended	na	2	2	8
Used alcohol or drugs when you were alone (by yourself)	na	3	4	14
Your use of alcohol or drugs often kept you from doing a normal activity, like going to school, working, or doing recreational activities or hobbies	na	0	2	0
Often didn't feel OK unless you had something to drink or used a drug	na	0	1	6
Thought about reducing (cutting down) or stopping use	na	2	4	11
Told yourself you were not going to use but found yourself using anyway	na	0	4	11
Spoke with someone about reducing or stopping use	na	1	3	0
Attended counseling, a program, or group to help you reduce or stop use	na	1	1	3
I use alcohol or drugs but have not experienced any of these things	na	11	18	33

Question HS B.4: If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

na—Not asked of middle school students.

Table B4.3

Likelihood of Suspension, Expulsion, Transfer Because of AOD Use/Possession

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very likely	na	48	39	44
Likely	na	23	32	22
Not likely	na	10	12	17
Don't know	na	20	17	17

Question HS B.7: In your opinion, how likely is it that a student will be suspended, expelled, or transferred if he or she is caught on school property using or possessing alcohol or other drugs?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

5. Supports to Reduce AOD Use

Table B5.1

Needed Counseling for Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No, I never used alcohol or other drugs	na	81	74	38
No, but I do use alcohol or other drugs	na	16	22	59
Yes, I have felt that I needed help	na	2	4	3

Question HS B.5: Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table B5.2

Likelihood of Finding Help at School for Quitting or Reducing Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very likely	na	16	11	24
Likely	na	28	30	26
Not likely	na	26	35	29
Don't know	na	30	24	21

Question HS B.6: In your opinion, how likely is it that a student would find help at your school from a counselor, teacher, or other adult to stop or reduce using alcohol or other drugs?

Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

Table B5.3

Talked with Parent About ATOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	51	55	53	62
Yes	49	45	47	38

Question HS B.12/MS B.6: During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of tobacco, alcohol, or drug use?
Note: Cells are empty if there are less than 25 respondents.

6. Sources of Alcohol

Table B6.1

Sources for Obtaining Alcohol

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
At school	6	9	10	19
At parties or events outside school	14	41	50	33
At their own home	8	22	31	19
From adults at friends' homes	5	19	25	17
From friends or another teenager	9	29	35	28
Get adults to buy it for them	4	14	24	22
Buy it themselves from a store	4	8	14	19
At bars, clubs, or gambling casinos	3	4	6	6
Other	3	10	15	19
Don't know	77	51	41	50

Question HS B.8/MS B.2: How do most kids at your school who drink alcohol usually get it? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

7. Influences on ATOD Use

Table B7.1

Disapproval of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Having one or two drinks of any alcoholic beverage nearly every day				
Neither approve nor disapprove	24	38	35	62
Somewhat disapprove	16	18	26	22
Strongly disapprove	60	44	39	16
Trying marijuana or hashish once or twice				
Neither approve nor disapprove	25	41	43	70
Somewhat disapprove	13	15	21	16
Strongly disapprove	62	44	36	14
Using marijuana once a month or more				
Neither approve nor disapprove	25	41	45	70
Somewhat disapprove	12	14	22	19
Strongly disapprove	63	45	34	11

Question HS B.9-11/MS B.3-5: How do you feel about someone your age doing the following?... Having one or two drinks of any alcoholic beverage nearly every day... Trying marijuana or hashish once or twice... Using marijuana once a month or more.

Note: Cells are empty if there are less than 25 respondents.

Table B7.2

Parent Disapproval of ATOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Take one or two drinks of alcohol nearly every day				
Very wrong	83	81	78	66
Wrong	12	12	14	16
A little wrong	2	5	5	13
Not at all wrong	4	2	3	5
Smoke tobacco				
Very wrong	88	87	88	79
Wrong	8	11	7	3
A little wrong	1	1	2	13
Not at all wrong	4	1	3	5
Use marijuana				
Very wrong	87	86	83	74
Wrong	8	9	8	13
A little wrong	1	4	5	3
Not at all wrong	4	2	4	11
Use prescription drugs to get high or for reasons other than prescribed				
Very wrong	86	88	86	87
Wrong	8	7	8	5
A little wrong	1	3	2	3
Not at all wrong	4	2	4	5

Question HS B.15-18/MS B.8-11: How wrong do your parents or guardians feel it would be for you to do the following?

Note: Cells are empty if there are less than 25 respondents.

Table B7.3

Peer Disapproval of ATOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Take one or two drinks of alcohol nearly every day				
Very wrong	71	51	52	41
Wrong	19	29	21	14
A little wrong	6	11	14	27
Not at all wrong	5	9	13	19
Smoke tobacco				
Very wrong	75	61	61	56
Wrong	17	23	21	17
A little wrong	5	10	9	11
Not at all wrong	3	5	9	17
Use marijuana				
Very wrong	76	57	53	27
Wrong	14	20	19	16
A little wrong	6	15	10	22
Not at all wrong	5	9	18	35
Use prescription drugs to get high or for reasons other than prescribed				
Very wrong	75	64	64	49
Wrong	17	19	18	22
A little wrong	4	11	8	19
Not at all wrong	4	6	10	11

Question HS B.19-22/MS B.12-15: How wrong would your close friends feel it would be if you did the following?

Note: Cells are empty if there are less than 25 respondents.

Table B7.3

Peer Disapproval of ATOD Use - Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Drinking one or two drinks of alcohol nearly every day				
Neither approve nor disapprove	29	32	36	56
Somewhat disapprove	13	28	21	28
Strongly disapprove	58	41	42	17
Using marijuana				
Neither approve nor disapprove	29	34	38	64
Somewhat disapprove	12	23	20	22
Strongly disapprove	59	43	41	14
Using prescription drugs to get high				
Neither approve nor disapprove	29	28	33	50
Somewhat disapprove	11	24	16	17
Strongly disapprove	60	49	50	33

Question HS B.23-25/MS B.16-18: How do you think your close friends would feel about you doing the following?

Note: Cells are empty if there are less than 25 respondents.

Table B7.4

Heard, Read or Watched Any Anti ATOD Messages, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	32	29	34	42
Yes	68	71	66	58

Question HS B.13/MS B.7: During the past 12 months, have you heard, read, or watched any messages about not using alcohol, tobacco, or drugs?

Note: Cells are empty if there are less than 25 respondents.

Building Healthy Communities (BHC) Module

1. Module Sample

Table C1.1
Student Sample for BHC Module

	Grade 7	Grade 9	Grade 11	NT[A]
Student Sample Size				
Target sample	1,393	1,253	1,067	49
Final number	604	414	421	45
Average Response Rate	43%	33%	39%	92%

Note: [A]NT includes continuation, community day, and other alternative school types.

2. Access to Health Care

Table C2.1

Where Do You Usually Go for Health Care

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Where do you usually go for help when you are sick, need medical care, or advice about health?				
Hospital, urgent care, or emergency room	18	16	15	34
Doctor's office	37	29	22	27
Community clinic or medical center	15	18	31	7
A family member or neighbor who is not a doctor or a nurse	8	11	12	14
School nurse's office	4	1	1	0
Health center or clinic at your school	2	2	1	0
Some other place	2	3	2	2
I don't have anywhere I usually go	4	9	8	7
I don't know	11	10	8	9
At school, where do you usually go for help when you are sick, need medical care, or need to get advice about health?				
Main office	16	10	8	50
School nurse	59	55	60	25
Student health office/clinic	9	7	4	0
Counselor	1	2	1	0
Teacher or teachers aide	2	2	4	2
Friend or another student	3	4	5	0
I don't have anywhere to go	3	7	11	7
I don't know	8	13	9	16

Question HS/MS C.1, 2: Where do you usually go for help when you are sick, need medical care, or advice about health?... At school, where do you usually go for help when you are sick, need medical care, or need to get advice about health?

Notes: Cells are empty if there are less than 25 respondents.

Table C2.2

Last Regular Check Up with Dentist

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I've never been to a dentist to have my teeth checked	1	2	3	5
Within the last six months	46	52	55	52
Seven to 12 months ago	6	15	14	16
Between one and two years ago	3	7	8	11
More than two years ago	3	3	3	0
I don't know/remember	40	20	18	16

Question HS/MS C.3: When did you last visit a dentist to get your teeth checked or cleaned?

Notes: Cells are empty if there are less than 25 respondents.

Table C2.3

Medical Care Usage, Past Year

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Medical care when you were sick or hurt or needed a checkup				
Always	47	44	45	45
Sometimes	20	18	18	18
Rarely	10	14	13	9
Never	3	6	3	14
I don't know/remember	11	7	5	5
I didn't need this type of care	9	11	16	9
Counseling to help you deal with problems like stress, feeling sad, family issues, or alcohol or drug use				
Always	17	16	13	23
Sometimes	8	10	9	7
Rarely	7	8	8	5
Never	23	25	26	36
I don't know/remember	10	6	6	2
I didn't need this type of care	35	35	38	27
Dental care when you had a problem with your teeth or mouth				
Always	44	40	40	43
Sometimes	15	15	15	11
Rarely	9	11	12	14
Never	9	10	7	16
I don't know/remember	9	10	7	2
I didn't need this type of care	14	15	18	14

Question HS/MS C.4-6: In the past year, how often did you get the following types of care when you needed it?... Medical care when you were sick or hurt or needed a checkup... Counseling to help you deal with problems like stress, feeling sad, family issues, or alcohol or drug use... Dental care when you had a problem with your teeth or mouth.

Notes: Cells are empty if there are less than 25 respondents.

3. Physical Activity

Table C3.1

Number of Days Exercised, Past 7 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	13	11	13	24
1 day	7	4	6	11
2 days	8	5	9	16
3 days	9	8	9	13
4 days	9	9	7	13
5 days	17	27	21	7
6 days	4	5	7	0
7 days	34	31	28	16

Question HS/MS C.15: On how many of the past 7 days did you exercise or do physical activity for a total of at least 60 minutes a day (like basketball, soccer, running, swimming laps, bicycling, skateboarding, fast walking, dancing or similar aerobic activities; do not include exercise that lasts less than 10 minutes at a time)?
Notes: Cells are empty if there are less than 25 respondents.

Table C3.2

Minutes Spent Exercising

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
before school?				
Less than 10 minutes	58	72	76	84
10 to 30 minutes	24	13	11	7
31 to 60 minutes	10	6	4	5
More than 60 minutes	7	8	8	5
during normal school hours?				
Less than 10 minutes	21	14	53	45
10 to 30 minutes	46	35	19	39
31 to 60 minutes	28	45	22	16
More than 60 minutes	5	6	6	0
in an afterschool program or as part of a sports team or sports program?				
Less than 10 minutes	46	40	40	52
10 to 30 minutes	19	12	8	11
31 to 60 minutes	13	11	11	25
More than 60 minutes	22	36	41	11

Question HS/MS C.16-18: On an average school day, how many minutes do you spend actually exercising or playing sports... before school?... during normal school hours?... in an afterschool program or as part of a sports team or sports program?

Notes: Cells are empty if there are less than 25 respondents.

4. Nutrition

Table C4.1

Food Consumption

During the past 24 hours, how many times did you...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
eat fast food?				
0 times	58	64	63	57
1 time	27	26	27	18
2 times	5	6	7	7
3 times	4	2	1	7
4 times	0	1	1	5
5 or more times	5	3	1	7
drink a glass or can of sweetened soda, a sports drink, an energy drink, or other sweetened drink?				
0 times	26	31	32	27
1 time	41	32	35	14
2 times	15	22	19	32
3 times	8	6	9	9
4 times	2	4	2	5
5 or more times	8	7	4	14
eat raw or whole fruit?				
0 times	34	32	32	40
1 time	27	24	25	21
2 times	17	18	20	5
3 times	9	13	13	14
4 times	4	5	4	9
5 or more times	10	7	7	12
eat vegetables?				
0 times	32	37	34	30
1 time	27	28	24	27
2 times	16	17	20	11
3 times	9	8	11	16
4 times	3	3	4	2
5 or more times	12	6	7	14

Question HS/MS C.19-22: During the past 24 hours (yesterday), how many times did you... eat fast food (like Taco Bell, Burger King, Panda Express, McDonalds, KFC)?... drink a glass or can of sweetened soda (like Coke or Pepsi), a sports drink (like Gatorade), an energy drink (like Red Bull), or other sweetened drink (like Jarritos, Sunny Delight, or fruit flavored drinks)?... eat raw or whole fruit (like an apple, banana, or orange; do not count fruit juice)?... eat vegetables (like green salads, green beans, carrots, or sweet potatoes that are not fried)?

Notes: Cells are empty if there are less than 25 respondents.

Table C4.2

Food and Beverage Consumed on Last School Day

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A glass or can of sweetened soda, a sports drink, an energy drink, or any other sweetened drink	18	21	19	23
A glass or can of % fruit juice	45	42	38	42
French fries, potato chips, or other fried potatoes	32	32	31	42
Raw or whole fruit (do not count juice)	19	22	25	26
Vegetables	23	20	26	23
One or more glasses of water	44	45	43	35
Breakfast served at school	38	31	44	28
Lunch served at school	61	53	59	51
None of the above	9	11	12	23

Question HS/MS C.23: The last day you attended school, did you eat or drink any of the following at school? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

5. Lunch at School/Drinking Water

Table C5.1

Lunch Source on School Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Bring your own food from home	1	4	10	5
Eat food served by the school cafeteria	83	65	63	74
Eat food from vending machines at school or the student store	2	12	7	0
Eat at home	5	2	5	5
Eat off campus (not at your home)	1	0	1	2
I usually don't eat lunch	6	15	12	9
Other	1	2	2	5

Question HS/MS C.24: Where do you usually get your lunch during a school day?
Notes: Cells are empty if there are less than 25 respondents.

Table C5.2

School Cafeteria and Eating Area

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Which of the following statements about your school cafeteria or eating area do you agree with? (Mark all that apply.)†				
I like the food served there.	62	36	24	33
They serve the right amount of food.	38	34	21	23
I like the fresh fruits and vegetables served at school.	29	30	21	13
It is embarrassing to eat cafeteria food.	6	10	20	25
I don't feel safe there.	3	9	17	10
It is clean.	33	28	28	30
Have you seen information posted in your cafeteria or somewhere else in your school about the nutritional content of foods?				
Yes	42	42	35	27
No	14	21	37	32
I don't know	44	37	28	41

Question HS/MS C.25, 26: Which of the following statements about your school cafeteria or eating area do you agree with? (Mark all that apply.)... Have you seen information posted in your cafeteria or somewhere else in your school about the nutritional content of foods (such as calories, fat, salt, sugar, or whole grains)?
Notes: Cells are empty if there are less than 25 respondents. †Total percentages may exceed 100% for "mark all that apply" items.

Table C5.3

Clean and Drinkable Water

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
The school has clean and drinkable water available.				
Strongly disagree	6	10	9	18
Disagree	9	13	20	33
Agree	48	54	55	38
Strongly agree	36	24	17	13

Question HS/MS C.54: How strongly do you agree or disagree with the following statements about your school?... The school has clean and drinkable water available.

Notes: Cells are empty if there are less than 25 respondents.

6. Reasons for School Absence

Table C6.1

Reasons for Missing School, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Asthma or other problems with breathing, coughing, chest pain, or wheezing when you didn't have a cold				
0 days	88	90	88	91
1 day	7	4	6	0
2 days	2	2	2	7
3 or more days	3	4	4	2
Illness (feeling physically sick)				
0 days	59	56	50	55
1 day	25	19	21	18
2 days	7	12	17	18
3 or more days	9	13	13	9
Felt very sad, hopeless, anxious, stressed, or angry				
0 days	90	87	84	75
1 day	6	6	9	14
2 days	2	4	3	5
3 or more days	2	3	5	7
Tooth pain or other dental issues				
0 days	89	93	91	91
1 day	8	6	5	2
2 days	1	1	3	7
3 or more days	2	0	2	0

Question HS/MS C.7-10: In the past 30 days, how many days of school did you miss for any of the following reasons?... Asthma or other problems with breathing, coughing, chest pain, or wheezing when you didn't have a cold... Illness (feeling physically sick)... Felt very sad, hopeless, anxious, stressed, or angry... Tooth pain or other dental issues.

Notes: Cells are empty if there are less than 25 respondents.

Table C6.1

Reasons for Missing School, Past 30 Days – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
You felt unsafe at school				
0 days	94	96	96	98
1 day	4	3	1	0
2 days	1	0	1	0
3 or more days	1	1	2	2
You felt unsafe on your way to or from school				
0 days	95	96	96	100
1 day	3	2	1	0
2 days	1	1	1	0
3 or more days	1	1	1	0
You had no transportation to school				
0 days	92	85	81	66
1 day	5	7	12	20
2 days	1	4	2	2
3 or more days	2	5	5	11

Question HS/MS C.11-13: In the past 30 days, how many days of school did you miss for any of the following reasons?... You felt unsafe at school... You felt unsafe on your way to or from school... You had no transportation to school.

Notes: Cells are empty if there are less than 25 respondents.

Table C6.2

Number of Days Absent from School, Last 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	53	51	37	36
1 day	18	17	21	9
2 days	13	14	20	22
3 or more days	16	18	22	33

Question HS/MS C.14: How many total days of school did you miss in the last 30 days?

Notes: Cells are empty if there are less than 25 respondents.

7. Community Safety

Table C7.1
Neighborhood Safety

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How safe do you feel in the neighborhood where you live?				
Very safe	36	35	31	23
Safe	42	38	36	43
Neither safe nor unsafe	19	23	28	30
Unsafe	3	3	4	0
Very unsafe	1	1	1	5
How safe do you feel in your neighborhood parks and playgrounds?				
Very safe	22	19	18	18
Safe	35	34	30	39
Neither safe nor unsafe	26	31	30	23
Unsafe	5	5	7	7
Very unsafe	1	2	2	7
I dont have any neighborhood parks or playgrounds	11	10	12	7
During the past 12 months, how many times in your neighborhood (not at school) have you seen someone carrying a gun, knife, or other weapon?				
Never	80	74	72	52
1 time	11	13	9	9
2 times	3	5	7	9
3 times	2	2	4	2
4 or more times	4	5	8	27

Question HS/MS C.27-29: How safe do you feel in the neighborhood where you live?... How safe do you feel in your neighborhood parks and playgrounds?... During the past 12 months, how many times in your neighborhood (not at school) have you seen someone carrying a gun, knife, or other weapon?
Notes: Cells are empty if there are less than 25 respondents.

Table C7.2

Major Problems in Neighborhood

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Bullying	16	12	12	9
Crime	22	27	27	40
Empty or abandoned buildings	12	14	17	20
Fights	25	20	17	23
Gangs	19	21	22	26
Graffiti	27	27	24	40
Liquor stores and/or bars	5	9	5	14
People selling drugs	10	29	33	34
Police treating people unfairly	8	9	13	31
Unemployment	26	33	38	34

Question HS/MS C.30: Which of the following are major problems in your neighborhood? (Mark all that apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

8. Safety and Supports at School

Table C8.1

Respect for Diversity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
My class lessons include examples of my racial, ethnic, or cultural background.				
Strongly disagree	9	11	13	24
Disagree	26	32	29	38
Agree	47	47	47	33
Strongly agree	18	10	11	5
Students in this school respect each others differences.				
Strongly disagree	10	12	13	16
Disagree	21	19	27	25
Agree	48	51	47	45
Strongly agree	20	17	13	14
Adults in this school respect differences in students.				
Strongly disagree	7	9	9	16
Disagree	11	11	17	18
Agree	46	60	59	55
Strongly agree	36	21	15	11
Teachers show that they think it is important for students of different races and cultures at this school to get along with each other.				
Strongly disagree	6	7	9	21
Disagree	8	12	17	28
Agree	51	59	60	40
Strongly agree	35	22	15	12

Question HS/MS C.48-51: How strongly do you agree or disagree with the following statements about your school?... My class lessons include examples of my racial, ethnic, or cultural background... Students in this school respect each others differences (for example, gender, race, culture, sexual orientation)... Adults in this school respect differences in students (for example, gender, race, culture, sexual orientation)... Teachers show that they think it is important for students of different races and cultures at this school to get along with each other.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.1

Respect for Diversity - Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I have been disrespected by an adult at this school because of my race, ethnicity, or culture.				
Strongly disagree	46	42	30	33
Disagree	29	34	42	42
Agree	16	17	23	19
Strongly agree	9	6	6	7
There is a lot of tension in this school between people of different cultures, races, or ethnicities.				
Strongly disagree	26	27	24	26
Disagree	36	39	45	43
Agree	28	26	24	24
Strongly agree	10	7	7	7

Question HS/MS C.52, 53: How strongly do you agree or disagree with the following statements about your school?... I have been disrespected by an adult at this school because of my race, ethnicity, or culture... There is a lot of tension in this school between people of different cultures, races, or ethnicities.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.2

Supports for Social and Emotional Learning

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
This school encourages students to feel responsible for how they act.				
Strongly disagree	7	11	12	25
Disagree	9	13	20	18
Agree	52	60	57	45
Strongly agree	32	16	10	11
Students are often given rewards for being good.				
Strongly disagree	8	15	18	23
Disagree	21	28	34	14
Agree	52	47	39	45
Strongly agree	19	10	10	18

Question HS/MS C.37-38: How strongly do you agree or disagree with the following statements about your school?... This school encourages students to feel responsible for how they act... Students are often given rewards for being good.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.2

Supports for Social and Emotional Learning – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
This school encourages students to understand how others think and feel.				
Strongly disagree	8	12	13	21
Disagree	14	21	29	30
Agree	58	55	49	33
Strongly agree	20	12	8	16
Students are taught that they can control their own behavior.				
Strongly disagree	7	11	12	21
Disagree	20	18	28	26
Agree	49	60	50	44
Strongly agree	25	11	10	9
This school helps students solve conflicts with one another.				
Strongly disagree	8	14	16	26
Disagree	15	26	38	33
Agree	55	50	41	31
Strongly agree	21	10	5	10
This school encourages students to care about how others feel.				
Strongly disagree	7	13	15	28
Disagree	17	19	30	30
Agree	51	55	48	33
Strongly agree	24	14	7	9

Question HS/MS C.39-42: How strongly do you agree or disagree with the following statements about your school?... This school encourages students to understand how others think and feel... Students are taught that they can control their own behavior.... This school helps students solve conflicts with one another... This school encourages students to care about how others feel.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.3

School Responses to Bullying

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Teachers here make it clear to students that bullying is not tolerated.				
Strongly disagree	5	9	8	17
Disagree	6	7	14	14
Agree	40	49	50	48
Strongly agree	48	34	27	21
If another student was bullying me, I would tell one of the teachers or staff at school.				
Strongly disagree	6	11	15	26
Disagree	14	24	26	30
Agree	40	44	40	37
Strongly agree	40	20	20	7
Students tell teachers when other students are being bullied.				
Strongly disagree	9	16	18	24
Disagree	22	41	42	46
Agree	47	33	33	24
Strongly agree	22	9	7	5
If I tell a teacher that someone is bullying me, the teacher will do something to help.				
Strongly disagree	5	8	10	18
Disagree	7	14	17	23
Agree	46	57	57	48
Strongly agree	42	21	16	11

Question HS/MS C.43-46: How strongly do you agree or disagree with the following statements about your school?... Teachers here make it clear to students that bullying is not tolerated... If another student was bullying me, I would tell one of the teachers or staff at school... Students tell teachers when other students are being bullied... If I tell a teacher that someone is bullying me, the teacher will do something to help.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.3

School Responses to Bullying – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Students here try to stop bullying when they see it happening.				
Strongly disagree	11	15	15	21
Disagree	29	38	36	29
Agree	40	35	41	38
Strongly agree	20	12	8	12

Question HS/MS C.47: How strongly do you agree or disagree with the following statements about your school?... Students here try to stop bullying when they see it happening.

Notes: Cells are empty if there are less than 25 respondents.

Table C8.4

School Promotes Future Success

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
This school is giving me the skills and knowledge I need to be successful after high school.				
Strongly disagree	5	9	13	20
Disagree	8	11	24	32
Agree	45	53	48	37
Strongly agree	43	27	15	12

Question HS/MS C.55: How strongly do you agree or disagree with the following statements about your school?... This school is giving me the skills and knowledge I need to be successful after high school (getting a job or job training and/or going to college).

Notes: Cells are empty if there are less than 25 respondents.

Table C8.5

Student Supports

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
When there is a conflict at your school between students or between a teacher and a student, does your school have a way of making sure that all sides are heard before taking disciplinary action?				
Yes	37	28	30	34
No	8	16	23	16
I don't know	56	56	47	50
At my school, there is a permanent police officer or school resource officer on campus.				
Yes	85	79	82	32
No	3	3	4	25
I don't know	12	18	15	43
Police or resource officers ticket students at my school for truancy.				
Yes	17	21	30	16
No	16	11	13	33
I don't know	67	68	57	51

Question HS/MS C.34-36: When there is a conflict at your school between students or between a teacher and a student, does your school have a way of making sure that all sides are heard (like restorative justice) before taking disciplinary action?... At my school, there is a permanent police officer or school resource officer on campus... Police or resource officers ticket students at my school for truancy.

Notes: Cells are empty if there are less than 25 respondents.

9. Future Plans

Table C9.1

Future Planning and Preparation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Do you have an adult who advises and helps you think about your future?				
Yes, in school	17	17	14	14
Yes, out of school	23	18	30	39
Both in and out of school	50	53	45	36
Neither	10	11	11	11
Have you participated in internships or other learning activities that gave you skills and knowledge that will help in your future?				
Yes, in school	32	26	25	14
Yes, out of school	14	12	19	30
Both in and out of school	23	18	16	14
Neither	30	44	40	43
What do you plan to do after high school? (Mark all that apply.)†				
Go to a 2 year college	18	15	25	34
Go to a 4 year college/university	63	69	63	32
Attend a trade school or receive other job training	3	4	11	18
Get a job	28	35	44	57
Enter the military	9	10	11	20
Travel	13	19	18	23
Volunteer or do an internship at an organization	4	6	9	7
I don't know yet	18	16	12	14

Question HS/MS C.31-33: Do you have an adult who advises and helps you think about your future, such as how to apply for college, get a job, or get job training?... Have you participated in internships or other learning activities that gave you skills and knowledge that will help in your future?... What do you plan to do after high school? (Mark all that apply.)

Notes: Cells are empty if there are less than 25 respondents. †Total percentages may exceed 100% for "mark all that apply" items.

Physical Health & Nutrition Module

1. Module Sample

Table J1.1
Student Sample for Physical Health & Nutrition Module

	Grade 7	Grade 9	Grade 11	NT[A]
Student Sample Size				
Target sample	1,393	1,253	1,067	49
Final number	466	280	316	38
Average Response Rate	33%	22%	30%	78%

Note: [A]NT includes continuation, community day, and other alternative school types.

2. Nutrition

Table J2.1

Eating/Drinking of Fruits and Vegetables at Least Once per Day, Past 24 Hours

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
100% fruit juices	78	67	70	62
Fruit	78	75	78	46
Vegetable	69	63	73	54
Five or more times of any	50	47	52	35

Question HS/MS J.6, 8, 9: During the past 24 hours (yesterday), how many times did you... drink 100% fruit juices, such as orange, apple, or grape? (Do not count punch, Kool-Aid, sports drinks, and fruit-flavored drinks.)... eat fruit? (Do not count fruit juice.)... eat vegetables? (Include salads and nonfried potatoes.)

Note: Cells are empty if there are less than 25 respondents.

Table J2.2

Drinking of Milk or Eating of Yogurt, Past 24 Hours

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	17	20	24	36
1 time	30	28	25	36
2 times	20	25	23	8
3 times	11	10	10	3
4 times	4	5	4	3
5 or more times	18	12	14	14

Question HS/MS J.4: During the past 24 hours (yesterday), how many times did you... drink milk or eat yogurt? (In any form, including in cereal.)

Note: Cells are empty if there are less than 25 respondents.

Table J2.3

Drinking of Soda Pop, Past 24 Hours

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	48	45	47	51
1 time	26	19	23	8
2 times	11	20	15	16
3 times	4	7	6	14
4 times	2	2	3	0
5 or more times	9	8	6	11

Question HS/MS J.5: During the past 24 hours (yesterday), how many times did you... drink soda pop?
Note: Cells are empty if there are less than 25 respondents.

Table J2.4

Eating of Fried Potatoes, Past 24 Hours

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	37	41	38	32
1 time	31	28	32	24
2 times	14	15	16	11
3 times	5	5	6	19
4 times	3	3	2	3
5 or more times	10	8	7	11

Question HS/MS J.7: During the past 24 hours (yesterday), how many times did you... eat french fries, potato chips, or other fried potatoes?
Note: Cells are empty if there are less than 25 respondents.

Table J2.5

Vitamin Use, Past 7 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	59	64	60	64
1 to 2 days	19	14	18	21
3 to 4 days	7	9	10	9
5 to 6 days	4	5	3	0
Daily	11	9	9	6

Question HS/MS J.26: During the past 7 days, how many days did you take a vitamin?
Note: Cells are empty if there are less than 25 respondents.

3. Physical Activity and Weight

Table J3.1

Exercise on at Least Three of the Past Seven Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	71	75	69	38
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	55	70	58	32
Either	82	85	79	49

Question HS/MS J.1, 2: On how many of the past 7 days did you... exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard? (For example, basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities.)... participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard? (For example, fast walking, slow bicycling, shooting baskets, skating, raking leaves, or mopping floors.)
Note: Cells are empty if there are less than 25 respondents.

Table J3.2

Frequency of Exercise to Strengthen or Tone Muscles, Past Seven Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	19	18	23	58
1-2 days	26	15	15	17
3 or more days	54	67	62	25

Question HS/MS J.3: On how many of the past 7 days did you... do exercises to strengthen or tone your muscles? (For example, push-ups, sit-ups, or weight lifting.)
Note: Cells are empty if there are less than 25 respondents.

Table J3.3

Hours Spent on TV/Video Game During School Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
None	12	14	19	18
Less than 1 hour	19	14	17	18
1 hour	14	14	12	6
2 hours	26	23	19	15
3 hours	13	19	15	15
4 hours	5	5	9	6
5 hours or more	9	11	10	21

Question HS/MS J.18: On an average school day, how many hours do you watch TV or play video games?
Note: Cells are empty if there are less than 25 respondents.

Table J3.4

Participation in Sports Teams, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
None	42	44	45	57
1 team	26	28	31	27
2 teams	18	17	15	10
3 or more teams	14	12	8	7

Question HS/MS J.19: During the past 12 months, on how many sports teams did you play? (Include school-sponsored and any other sports teams.)
Note: Cells are empty if there are less than 25 respondents.

Table J3.5

Average Days of Physical Activity in Physical Education Class, Per Week

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	9	4	38	39
1 day	3	1	2	0
2 days	7	4	6	10
3 days	7	5	6	0
4 days	7	6	5	13
5 days	67	81	43	39

Question HS/MS J.22: In an average week, on how many days do you have physical activity in your physical education class (P.E. or gym)?

Note: Cells are empty if there are less than 25 respondents.

Table J3.6

Estimated Actual Minutes Exercising in Physical Education Class

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Do not take P.E.	2	2	41	30
Less than 10 minutes	4	3	4	7
10 to 20 minutes	18	9	6	23
21 to 30 minutes	33	31	17	13
More than 30 minutes	42	55	32	27

Question HS/MS J.23: During an average physical education (P.E.) class, how many minutes do you spend actually exercising or playing sports?

Note: Cells are empty if there are less than 25 respondents.

Table J3.7

Student Body Mass Index

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Underweight	8	4	7	
Healthy weight	40	53	55	
Overweight	14	15	15	
Obese	39	27	22	

Physical Health & Nutrition Module Supplement: How tall are you without your shoes on?... How much do you weigh without your shoes on?... HS/MS A.3, 4: How old are you?... What is your sex?

Note: Cells are empty if there are less than 25 respondents.

Table J3.8

Desired Level of Action on Weight

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Lose weight	64	56	55	43
Gain weight	5	13	14	22
Stay the same weigh	18	15	17	16
Not trying to do anything about weight	12	16	14	19

Question HS/MS J.11: Which of the following are you trying to do about your weight?
Note: Cells are empty if there are less than 25 respondents.

Table J3.9

Actions Taken to Lose/Maintain Weight, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Exercise	82	79	73	53
Eat less food, fewer calories, or foods low in fat	58	51	47	33
Go without eating for 24 hours or more	20	19	13	17
Take diet pills, powders, or liquids without doctor's advice	12	6	6	17
Vomit or take laxatives	12	7	6	15

Question HS/MS J.12-16: During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?... Exercise... Eat less food, fewer calories, or foods low in fat... Go without eating for 24 hours or more (also called fasting)... Take any diet pills, powders, or liquids without a doctors advice (Do not include meal replacement products, such as Slim Fast)... Vomit or take laxatives.
Note: Cells are empty if there are less than 25 respondents.

Table J3.10

Perception of Weight

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very underweight	7	5	2	8
Slightly underweight	11	13	9	11
About the right weight	49	44	51	38
Slightly overweight	27	29	28	30
Very overweight	7	9	9	14

Question HS/MS J.17: How do you describe your weight?
Note: Cells are empty if there are less than 25 respondents.

4. Injury-Related Behavior and Health Care

Table J4.1

Occurrence of Seat Belt Use in Vehicle Driven By Someone Else

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	8	3	7	22
Rarely	5	7	6	9
Sometimes	9	14	9	6
Most of the time	15	23	18	13
Always	62	53	60	50

Question HS/MS J.20: How often do you wear a seat belt riding in a car driven by someone else?
Note: Cells are empty if there are less than 25 respondents.

Table J4.2

Occurrence of Bike Helmet Use, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not ride bicycle	36	43	53	39
Never	33	39	32	45
Rarely	9	7	6	3
Sometimes	6	4	5	3
Most of the time	3	3	1	0
Always	12	4	3	10

Question HS/MS J.21: When you rode a bicycle during the past 12 months, how often did you wear a helmet?
Note: Cells are empty if there are less than 25 respondents.

Table J4.3

Regular Medical Check Up, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	39	44	46	63
Yes	61	56	54	38

Question HS/MS J.24: During the past 12 months, did you have a regular check up with a doctor when you were not sick or injured?
Note: Cells are empty if there are less than 25 respondents.

Table J4.4

Visit Dentist, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	26	34	34	55
Yes	74	66	66	45

Question HS/MS J.25: During the past 12 months, did you visit a dentist for an examination, teeth cleaning, or dental work?

Note: Cells are empty if there are less than 25 respondents.

Table J4.5

AIDS/HIV Infection Education at School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	17	16	36
Yes	na	78	78	61
Not sure	na	5	7	3

Question HS J.27: Have you ever been taught about AIDS or HIV infection at school?
Notes: Cells are empty if there are less than 25 respondents.
na—Not asked of middle school students.

5. Asthma Symptoms

Table J5.1

Students With Asthma

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	59	67	74	63
Yes	13	14	14	20
Don't know	27	18	12	17

Question HS/MS J.10: Has a doctor ever told you or your parent/guardian that you have asthma?
Note: Cells are empty if there are less than 25 respondents.

Table J5.2

Episode of Asthma or Asthma Attack, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	92	92	93	90
Yes	8	8	7	10

Question HS J.28/MS J.27: During the past 12 months, have you had an episode of asthma or an asthma attack?
Note: Cells are empty if there are less than 25 respondents.

Table J5.3

Unable to Complete a Sentence Due to Shortness of Breath, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	64	70	74	77
Yes	36	30	26	23

Question HS J.29/MS J.28: During the past 12 months, have you ever had a cough, chest tightness, trouble breathing, or wheezing that was so bad that you could not finish saying a sentence?
Note: Cells are empty if there are less than 25 respondents.

Table J5.4

Been to the Emergency Room or Stayed in Hospital Due to Shortness of Breath, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	87	92	92	90
Yes	13	8	8	10

Question HS J.30/MS J.29: During the past 12 months, have you been to the emergency room or stayed overnight in the hospital because of a cough, chest tightness, trouble breathing, or wheezing?
Note: Cells are empty if there are less than 25 respondents.

Table J5.5

Used Medicine for Asthma Symptoms, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	79	81	82	77
Yes	21	19	18	23

Question HS J.31/MS J.30: During the past 12 months, have you used a medicine (an inhaler, puffer, or a breathing machine) to treat a cough, chest tightness, trouble breathing, or wheezing?
Note: Cells are empty if there are less than 25 respondents.

Table J5.6

Frequency of Asthma Symptoms, Past 30 days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	71	70	70	81
2 days a week or less	20	22	23	19
More than 2 days each week but not every day	6	6	5	0
Every day	3	2	1	0

Question HS J.32/MS J.31: During the past 30 days, about how many days each week have you had a cough, chest tightness, trouble breathing, or wheezing when you did not have a cold or flu?
Note: Cells are empty if there are less than 25 respondents.

Table J5.7

Woke Up Because of Asthma Symptoms, Past 30 days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	75	79	78	73
2 nights	16	12	15	13
3 or 4 nights	3	5	4	10
More than 4 nights but not every night	4	2	2	0
Every night or almost every night	2	2	1	3

Question HS J.33/MS J.32: During the past 30 days, about how many nights did you wake up because of a cough, chest tightness, trouble breathing, or wheezing when you did not have a cold or flu?
Note: Cells are empty if there are less than 25 respondents.

Resilience & Youth Development Module

1. Module Sample

Table K1.1

Student Sample for Resilience & Youth Development Module

	Grade 7	Grade 9	Grade 11	NT[A]
Student Sample Size				
Target sample	1,393	1,253	1,067	49
Final number	503	300	322	38
Average Response Rate	36%	24%	30%	78%

Note: [A]NT includes continuation, community day, and other alternative school types.

2. Environmental Assets

Table K2.1

Summary of Resilience-Promoting Protective Factors (Developmental Supports)[A]

Percent of students scoring High, Moderate, and Low (%)	Grade 7			Grade 9			Grade 11			NT		
	H	M	L	H	M	L	H	M	L	H	M	L
Total Environment[B]	61	34	5	43	49	9	46	45	9	35	46	19
Caring adult relationships[B]	62	31	7	40	47	13	46	41	13	39	42	18
High expectations[B]	75	22	3	60	36	5	60	33	6	57	32	11
Opportunities for meaningful participation[B]	30	51	19	18	55	27	24	47	29	14	49	38
Peer Environment												
Total	63	30	7	52	39	9	59	34	7	45	42	13
Caring peer relationships	55	33	13	45	39	16	48	39	13	34	47	18
High expectations: pro-social peers	57	42	1	45	52	3	54	44	2	32	63	5
Home Environment												
Total	66	30	4	51	38	11	52	37	11	45	34	21
Caring adult relationships	58	33	8	45	40	15	48	37	15	34	45	21
High expectations	73	22	5	60	33	7	64	27	9	53	29	18
Opportunities for meaningful participation	43	45	12	27	54	19	32	49	20	29	50	21
Community Environment												
Total	58	31	11	41	40	19	42	38	19	30	41	30
Caring adult relationships	60	28	12	44	39	17	47	32	20	39	29	32
High expectations	65	26	9	51	36	14	47	37	15	49	24	27
Opportunities for meaningful participation	34	41	25	24	43	33	26	38	36	16	30	54

Notes: Cells are empty if there are less than 25 respondents. [A]These Protective Factors are also known as Environmental Assets. [B]Includes measures of school protective factors from Table A4.4, as well as peer, home, and community protective factors.

Table K2.2

Peer Environmental Asset Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring Peer Relationships				
I have a friend about my own age...				
who really cares about me.				
Not at all true	9	9	11	13
A little true	14	19	12	18
Pretty much true	24	27	32	34
Very much true	54	45	45	34
who talks with me about my problems.				
Not at all true	16	16	14	18
A little true	13	19	14	29
Pretty much true	24	27	30	26
Very much true	47	38	42	26
who helps me when I'm having a hard time.				
Not at all true	11	13	12	18
A little true	12	17	13	18
Pretty much true	23	27	27	32
Very much true	54	44	49	32
High Expectations: Pro-Social Peers				
My friends get into a lot of trouble.				
Not at all true	61	50	66	47
A little true	29	34	23	24
Pretty much true	5	12	6	18
Very much true	5	4	4	11
My friends try to do what is right.				
Not at all true	10	9	10	16
A little true	13	19	18	21
Pretty much true	34	42	35	37
Very much true	43	30	37	26
My friends do well in school.				
Not at all true	7	7	7	13
A little true	16	23	20	37
Pretty much true	33	41	40	26
Very much true	44	28	33	24

Question HS/MS K.19-24: I have a friend about my own age... who really cares about me... who talks with me about my problems... who helps me when I'm having a hard time... My friends... get into a lot of trouble... try to do what is right... do well in school.

Note: Cells are empty if there are less than 25 respondents.

Table K2.3

Home Environmental Asset Scale Questions

In my home, there is a parent or some other adult...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring Adult Relationships				
who is interested in my schoolwork.				
Not at all true	6	8	8	21
A little true	11	19	19	16
Pretty much true	27	27	24	29
Very much true	57	46	49	34
who talks with me about my problems.				
Not at all true	11	18	18	21
A little true	13	21	20	26
Pretty much true	24	21	23	18
Very much true	51	40	39	34
who listens to me when I have something to say.				
Not at all true	10	16	14	18
A little true	12	17	17	24
Pretty much true	22	23	23	18
Very much true	55	44	46	39
High Expectations				
who expects me to follow the rules.				
Not at all true	5	9	7	11
A little true	7	11	11	16
Pretty much true	28	27	29	37
Very much true	60	53	53	37
who believes that I will be a success.				
Not at all true	6	8	9	18
A little true	6	14	8	8
Pretty much true	20	22	28	29
Very much true	67	56	55	45
who always wants me to do my best.				
Not at all true	5	5	6	16
A little true	6	13	9	13
Pretty much true	18	22	25	18
Very much true	70	60	60	53

Question HS/MS K.25-30: In my home, there is a parent or some other adult... who expects me to follow the rules... who is interested in my schoolwork... who believes that I will be a success... who talks with me about my problems... who always wants me to do my best... who listens to me when I have something to say.
Note: Cells are empty if there are less than 25 respondents.

Table K2.3

Home Environmental Asset Scale Questions – Continued

At home, ...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Opportunities for Meaningful Participation				
I do fun things or go fun places with my parents or other adults.				
Not at all true	8	15	18	21
A little true	14	23	22	24
Pretty much true	29	32	24	24
Very much true	49	31	36	32
I do things that make a difference.				
Not at all true	16	22	19	18
A little true	28	31	29	37
Pretty much true	27	28	28	18
Very much true	28	19	24	26
I help make decisions with my family.				
Not at all true	12	18	17	16
A little true	20	23	24	39
Pretty much true	27	30	29	13
Very much true	41	29	30	32

Question HS/MS K.31-33: At home, ... I do fun things or go fun places with my parents or other adults... I do things that make a difference... I help make decisions with my family.
Note: Cells are empty if there are less than 25 respondents.

Table K2.4

Community Environmental Asset Scale Questions

Outside of my home and school, there is an adult...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring Adult Relationships				
who really cares about me.				
Not at all true	11	15	15	24
A little true	10	16	14	21
Pretty much true	21	26	25	16
Very much true	58	44	46	39
who notices when I am upset about something.				
Not at all true	12	18	19	21
A little true	12	21	16	21
Pretty much true	24	26	24	26
Very much true	52	36	41	32
whom I trust.				
Not at all true	11	17	22	24
A little true	8	17	11	11
Pretty much true	19	23	23	19
Very much true	61	43	45	46
High Expectations				
who tells me when I do a good job.				
Not at all true	10	13	16	27
A little true	11	19	14	5
Pretty much true	24	28	27	27
Very much true	55	40	42	41
who believes that I will be a success.				
Not at all true	9	12	14	16
A little true	7	16	11	19
Pretty much true	20	23	30	27
Very much true	64	49	46	38
who always wants me to do my best.				
Not at all true	8	11	13	14
A little true	8	15	10	19
Pretty much true	20	24	28	19
Very much true	65	49	48	49

Question HS/MS K.34-39: Outside of my home and school, there is an adult... who really cares about me... who tells me when I do a good job... who notices when I am upset about something... who believes that I will be a success... who always wants me to do my best... whom I trust.
Note: Cells are empty if there are less than 25 respondents.

Table K2.4

Community Environmental Asset Scale Questions – Continued

Outside of my home and school, ...	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Opportunities for Meaningful Participation				
I am part of clubs, sports teams, church/temple, or other group activities.				
Not at all true	35	43	40	62
A little true	17	15	17	16
Pretty much true	17	18	18	11
Very much true	30	24	26	11
I am involved in music, art, literature, sports, or a hobby.				
Not at all true	29	38	39	51
A little true	16	16	17	19
Pretty much true	17	19	16	8
Very much true	38	28	28	22
I help other people.				
Not at all true	17	21	20	46
A little true	24	26	27	24
Pretty much true	26	25	26	11
Very much true	34	27	27	19

Question HS/MS K.40-42: Outside of my home and school, ... I am part of clubs, sports teams, church/temple, or other group activities... I am involved in music, art, literature, sports, or a hobby... I help other people.
Note: Cells are empty if there are less than 25 respondents.

3. Internal Assets

Table K3.1

Summary of Internal Strengths

Percent of students scoring High, Moderate, and Low (%)	Grade 7			Grade 9			Grade 11			NT		
	H	M	L	H	M	L	H	M	L	H	M	L
Total	64	29	6	53	41	6	61	33	6	39	47	14
Cooperation and communication	54	39	7	42	47	11	49	43	8	30	54	16
Self-efficacy	51	42	7	41	49	9	48	46	7	32	57	11
Empathy	57	33	9	53	40	8	56	38	6	41	32	27
Problem solving	49	41	10	34	49	17	39	44	16	32	51	16
Self-awareness	60	32	8	48	42	11	55	35	10	42	42	17
Goals and aspirations	73	22	5	68	28	4	71	22	6	54	38	8

Notes: Cells are empty if there are less than 25 respondents.

Table K3.2

Internal Strength Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cooperation and Communication				
I can work with someone who has different opinions than mine.				
Not at all true	10	10	8	16
A little true	20	26	19	27
Pretty much true	31	33	35	30
Very much true	40	31	38	27
I enjoy working together with other students my age.				
Not at all true	7	9	8	17
A little true	14	16	14	19
Pretty much true	29	33	37	33
Very much true	51	41	41	31
I stand up for myself without putting others down.				
Not at all true	9	10	9	19
A little true	13	20	13	19
Pretty much true	30	29	34	33
Very much true	49	41	44	28
Self-Efficacy				
I can work out my problems.				
Not at all true	12	11	7	8
A little true	19	27	18	25
Pretty much true	30	28	38	31
Very much true	39	34	37	36
I can do most things if I try.				
Not at all true	5	6	6	14
A little true	14	18	9	11
Pretty much true	32	34	38	43
Very much true	49	42	47	32
There are many things that I do well.				
Not at all true	7	7	6	14
A little true	15	18	16	25
Pretty much true	31	39	37	31
Very much true	47	35	40	31

Question HS/MS K.6-9, 13, 14: I can work out my problems... I can do most things if I try... I can work with someone who has different opinions than mine... There are many things that I do well... I enjoy working together with other students my age... I stand up for myself without putting others down.
Note: Cells are empty if there are less than 25 respondents.

Table K3.2

Internal Strength Scale Questions – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Empathy				
I feel bad when someone gets their feelings hurt.				
Not at all true	8	8	7	22
A little true	12	16	13	24
Pretty much true	26	30	28	27
Very much true	55	47	52	27
I try to understand what other people go through.				
Not at all true	8	7	6	16
A little true	13	15	11	22
Pretty much true	26	29	32	27
Very much true	52	50	51	35
I try to understand how other people feel and think.				
Not at all true	9	9	6	19
A little true	15	16	11	17
Pretty much true	28	30	34	28
Very much true	49	45	49	36
Problem solving				
I know where to go for help with a problem.				
Not at all true	8	13	14	14
A little true	17	23	17	19
Pretty much true	28	26	30	27
Very much true	48	38	39	41
I try to work out problems by talking or writing about them.				
Not at all true	16	25	18	19
A little true	18	20	19	11
Pretty much true	22	26	31	33
Very much true	43	29	31	36
When I need help, I find someone to talk with.				
Not at all true	11	14	13	22
A little true	13	19	19	16
Pretty much true	30	29	30	35
Very much true	46	37	38	27

Question HS/MS K.4, 5, 10-12, 15: I know where to go for help with a problem... I try to work out problems by talking or writing about them... I feel bad when someone gets their feelings hurt... I try to understand what other people go through... When I need help, I find someone to talk with... I try to understand how other people feel and think.

Note: Cells are empty if there are less than 25 respondents.

Table K3.2

Internal Strength Scale Questions – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Self-Awareness				
There is a purpose to my life.				
Not at all true	8	9	7	17
A little true	11	11	11	8
Pretty much true	24	25	26	25
Very much true	58	54	56	50
I understand my moods and feelings.				
Not at all true	9	12	9	19
A little true	12	18	13	11
Pretty much true	28	32	32	31
Very much true	52	39	46	39
I understand why I do what I do.				
Not at all true	8	10	10	22
A little true	11	18	10	11
Pretty much true	28	32	34	27
Very much true	54	41	46	41
Goals and Aspirations				
I have goals and plans for the future.				
Not at all true	7	6	6	8
A little true	8	12	8	16
Pretty much true	26	26	26	32
Very much true	59	56	60	43
I plan to graduate from high school.				
Not at all true	5	4	5	3
A little true	4	5	4	11
Pretty much true	17	20	18	24
Very much true	75	71	72	62
I plan to go to college or some other school after high school.				
Not at all true	6	6	7	11
A little true	7	10	9	19
Pretty much true	18	23	21	25
Very much true	68	61	62	44

Question HS/MS K.1-3, 16-18: I have goals and plans for the future... I plan to graduate from high school... I plan to go to college or some other school after high school... There is a purpose to my life... I understand my moods and feelings... I understand why I do what I do.
Note: Cells are empty if there are less than 25 respondents.